

Resident Connections Quarterly

UMDNJ-NJMS Internal Medicine Residency Program

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Summer 2012

A Very Warm Welcome to New Interns & Faculty



by
 Shashi
 Kapadia

the Boathouse in Verona Park, a classy lakeside establishment, the current residents at NJMS formally laid out a warm welcome.

director himself! Sean Sullivan, PGY2, proved himself to be a bocce ball force to be reckoned with. Dr. Victor Chang even made an appearance, to welcome the faces he would soon be seeing on 9A. The event was followed by an after-party at Egan and Son's in Montclair, watching NBA finals, and chatting long into the night.

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 coming,
 though.
 NJMS
 and
 Univer-
 sity



It was a hot summer day in Verona Park when the current residents of NJMS gathered to welcome the incoming class of first year residents. After a long week of orientation, lectures, getting access codes, and innumerable trips to the ID and parking office, the new interns finally got a chance to kick back and socialize together. Gathering at

The new interns, hailing from all parts of the globe, from Little India in Edison, NJ to actual India in India, feasted on catered Italian food, responsible nonalcoholic beverages, and a giant cake courtesy of our Chief Medical Residents.

There were plenty of familiar faces too, as some of NJMS'

finest former medical students met their new, soon-to-be colleagues. A rousing volleyball game ensued, joined by new interns, new residents, and even our program



Hospital are rife with exciting change as some of our former residents and fellows graduate and become new faculty. Dr. Lizza Bojito, Dr. Susana Tapia, and Dr. Dorothy Castro are all, no doubt, thrilled to continue being at UH in July. As the 1990s classic hit by Semisonic, *Closing Time*, said, "Every new beginning comes from some other beginning's end." We are all excited to welcome faces both old and new for their new beginnings this July!

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Rutgers—What's in a Name?



by Trent Wang

A flurry of political debates and deal making have taken place over the past few months, mostly towards NJ Higher Education restructuring. Through this, UMDNJ will essentially become absorbed into the Rutgers University system in a concerted effort to strengthen the State University system as well as the State itself.

University Hospital shall remain the principal teaching hospital of Newark-based medical education programs,

including those of NJMS and NJDS. It, however, will now be its own separate nonprofit corporate entity with assets not "consolidated or commingled" with that of Rutgers University. Rutgers University will assume the remaining debt from UMDNJ, approximating \$500 million.

UMDNJ's School of Osteopathic Medicine would be added into Rowan University under governance of a dual Rutgers-Rowan board, which would make Rowan only the second full-purpose University with both an allopathic (Cooper) and osteopathic medical school in the nation.

This part of the legislation, however, still seems to create significant controversy, especially among the D.O. community who preferred to be incorporated with the rest of UMDNJ into Rutgers.

The Rutgers-UMDNJ merger will take effect July 2013 once it is passed by the Rutgers Board of Trustees and Board of Governors. Until then, the anticipation of joining Rutgers, a world class academic institution, will provide the campus much excitement and limitless potential for our program.



Beware of Zombies & Bath Salts



by Monika Holbein

Imagine this—on a warm Miami day, as you're walking down the street, you see a man chewing off the face of a homeless man. What's your first thought? Zombie! Fortunately, the movies have not turned into real life, but unfortunately, this was still a true story caused by a potent and deadly new street drug, notoriously known as "bath salts."

Other stories have not been as graphic, but are still equally

tragic. Recently, a mother choked and punched her 3 year old son while 'high on bath salts' and died soon after she was tasered by police. In Louisiana, a man was arrested when he bit off a piece of his neighbor's cheek, which a friend also blamed on bath salts. And less physical, but just as traumatic, a man in North Miami allegedly stripped and exposed himself to a three-year-old girl in a park while on the drug.

3,4- Methyleneoxypropylvalerone, otherwise known as "bath salts," is a newer synthetic drug that is being sold in some tobacco stores around the country. States are taking action to make it an illegal substance and have succeeded in some cases.

The first reported death in the

USA was published as a case report in the *Journal of Medical Toxicology* in January 2012. They reported that the patient became uncontrollable, delusional, and aggressive before being taken into police custody after being subdued with a taser three times. He had dilated pupils, tachycardia, and his EKG showed sinus tachycardia, widened QTc and peaked T-waves. The peaked T-waves persisted throughout transport. On arrival to the hospital, he was still very agitated, then suddenly became silent, and within five minutes went into PEA arrest. CPR was administered, and the temperature was found to be 105.4°F. The patient regained a pulse but he was found to have a GCS of 3. After the patient was medically optimized, he failed to regain any brain stem function and was declared brain dead.



This constellation of symptoms—delirium with agitation, hyperthermia, tachycardia, tachypnea, and cessation of struggling followed by cardiac arrest, is now known as Excited Delirium Syndrome. This is most likely a result of dysregulation of dopaminergic pathways.

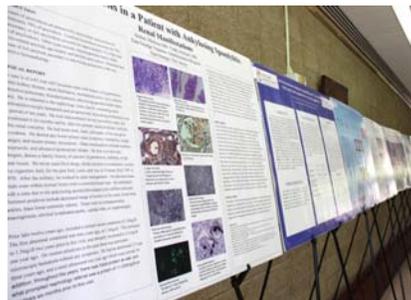
There is no specific management for Bath Salts ingestion. There is only supportive care, caring for the patient's organic and psychiatric symptoms, and hoping we never to have to see zombies in New Jersey.

2012 Research Day

by Kristin Wong

Research Day was a great success this year. On Thursday, May 17, 2012, the NJMS Department of Medicine hosted a full afternoon of oral and visual research presentations. Out of an amazing 101 abstracts that were submitted, 6 were chosen for oral presentations, and all were presented as posters.

Several residents took this opportunity to really show off their scientific pursuits and a few of them were fortunate enough to win awards for it.



Sejal Gandhi, winner of "Best Clinical Case Poster," had this to say, "It was an honor to win for our project entitled 'One Flu Over the Cuckoo's Nest: A Rare Adverse Reaction to the Influenza Vaccine.' Our case described a young healthy gentleman, who after receiving the flu vaccine, developed Idiopathic Thrombocytopenic Purpura (ITP). This case was an interesting clinical entity as physicians should be aware of the potential adverse effects of the flu vaccine, and I enjoyed working with my senior Kristin Wong and Dr. Kothari on this poster."

George Nahas, winner of "Best Oral Presentation," also had a good experience presenting his research on breast cancer cells. "Overall research day was a great opportunity to share my labora-



tory experience and results with the residents and staff, and more so, to meet a few personally. I am grateful to the program for recognizing my poster and it was an honor to win the oral presentation award, especially among the other highly qualified presenters. I look forward to continue doing research throughout my residency."

The other winners included Wojciech Rudzinski for his oral presentation titled "Usefulness of con-

ventional risk factors for coronary artery disease in preoperative risk assessment before orthotopic liver transplantation," Leidy Isenalumhe for her research poster titled "Exosome Mediated Transport of microRNA from Mesenchymal Stem Cells to Breast Cancer Cells," and Sreelatha Naik for best clinical case poster titled "Folly of the 'Health Conscious' Patient."

With the new intern class to add to the mix, we look forward to another impressive Research Day in 2013.



Commencement June 2012



by Ryan Chadha

As the sun beamed through the windows of the Grand Foyer of New Jersey Medical School on June 7, 2012, the Department of Medicine hosted its annual Housestaff Commencement.

Crowds of family members joined faculty and hospital staff in celebrating the amazing house officers and fellows. For some, this ceremony represented a lifelong dream coming to fruition, while for others, it was merely a stepping stone into a future of unknown possibilities. With glistening helium filled balloons floating through the air and an excited chatter humming in the audience, Dr. Marc Klapholz, the new Chair of the Department of Medicine, anointed the ceremony with his words of wisdom for all of the

graduates.

After the various subspecialty fellowship graduates were recognized, our beloved program director, Dr. Neil Kothari, took the podium and began the roll call of the graduating Class of 2012, and each of our residents stepped forward and accepted their certificate of completion with pride and grace.

Certificates were also awarded to interns, residents, and fellows with achievements in research, teaching, and humanism over the past year. Hayder Hashim received the “most scholarly resident” and the “best teaching resident”



awards, while Jose Churrango also swept the awards by winning “most humanistic resident” and “excellence in clinical skills.” Other winners included Sean Sullivan for “outstanding professionalism,” Tariq Niazi for “intern of the year,” and Jorge Dolojan for “best teaching fellow.”

Following the ceremony, under a star-filled sky, residents and faculty found their inner fashionista for evening wear, and traveled to the elegant Wilshire Grand Hotel for the Commencement Reception.

After a serenade of cocktails in the candle lit foyer, everyone was entertained by a video and slide show (made by our lovely chief residents) poking fun at the nuances of our graduates, as well as spotlighting some unforgettable impressions of the legendary Dr. Kapila. As



the party continued, the annual Faculty of the Year awardees, Dr. Vivek Vadehra of UH, Dr. Weekon Choi of Hackensack, and Dr. Ralph Oriscello of the VA, were recognized for their achievements in teaching.

After partaking in a delicious multi-course dinner and dessert, the residents (even joined by a few intrepid faculty) made the dance floor their home for the remainder of the evening. It was a glorious conclusion to another successful year for the Department of Medicine, and it was a fitting cast-off to all of the graduating physicians as they embark on their careers throughout the various fields of Internal Medicine.

Who's Who Among Medicine Attendings - Marc Klapholz, MD



Now the new Chair of Medicine here at NJMS, Dr. Marc Klapholz has always been an inspiration

to other physicians, and looking further into his background, it's not hard to see why.

Dr. Klapholz is a true “new yorker,” born in New York City, New York. Raised by a teacher (his mom) and diamond cutter (his dad), he grew up in Manhattan with his older brother, now a pulmonologist across the Hudson. Recounting his youth, Dr. Klapholz recalls a time when he and his brother were in a skirmish. In retaliation, objects were thrown hitting the family's large, 30-gallon fish tank. Water and fish

subsequently poured out, covering the apartment floor. Needless to say, Dr. Klapholz has never had another pet since, however, would probably prefer a dog over a cat.

Dr. Klapholz attended Albert Einstein College of Medicine for medical school, then St. Luke's Hospital for internship. He returned to Einstein to finish his residency career and stayed there for his Cardiology Fellowship, Interventional training, and the NIH Heart Failure program. He also returned to St. Luke's Hospital to complete an Advanced Echo Training program.

When asked about his proudest moment in medicine, Dr. Klapholz tells a heartfelt story about a patient dying of metastatic prostate cancer, whom he

saw as an acting intern. The patient's last wish was to see his daughter deliver his grandchild. Undoubtedly, through long nights and difficult medical decisions, they were able to grant his wish and keep him alive long enough to see his new granddaughter, before passing away peacefully, just hours later. Dr. Klapholz describes this event as, “One of those cases that really confirms your reason for becoming a doctor.”

As a 2nd year resident, Dr. Klapholz decided to become a cardiologist during his CCU month with his mentor, Dr. Thierry LeJentel. Dr. LeJentel has been known for his work in cardiology and specifically heart failure. Since then, the two have become great colleagues and friends.

Dr. Klapholz has set a few records of his own,



one being his shortest door-to-balloon time of 17 minutes. He has also acquired a few hobbies as well, including the collection of original medical texts, playing chess, and cycling. One of his memorable cycling trips was biking from Banff to Jasper across the Rockies.

Nowadays, you can spot Dr. Klapholz all throughout the hospital, hosting CPCs, rounding in the CCU, discharging patients from the ED, etc. When you see him, consider asking him to retell some of his amazing stories over an ice cold Diet Coke.

American Heart Association 5K Run 2012



by Hayder Hashim

The Annual AHA Wall Street 3mi run is a great NYC event that takes over the financial district streets for one night every summer.

The race used to be called "running with the bulls," originally due to Merrill Lynch's title sponsorship for many years. This year's race, held on May 31st, was super hot! Not because it was 87°F with 57% humidity, but because *The University Hospital* team was there, running and walking with their big warm hearts.

Our team this year, as opposed to last year, had significantly

grown up; from not only tens but to hundreds and thousands of participants...yeah, right! Actually, the census was close to 40 members from all aspects of our beloved hospital.

A bunch of cool and hardcore athletic residents, like Jose Churrango, participated. Chief Residents, fellows, nurses (especially Comfort from I-Blue), APNs, attendings and sonographers were also there. With a 7:00 pm start we arrived at the standing corrals at around 6:59 pm, all equipped with our iPods and great collections of all kinds of music: Indian, Greek, Nigerian, Pakistani, Polish, and of course, the Iraqi Hip Hop version of "Call Me Maybe."

We started the race a bit past 7:00 pm and the last thing I remember after was me huffing

and puffing at the 1 mile mark, inhaling what was left over from Ike's dust. This muscular long-legged Nigerian dude was like a tomahawk missile! He launched shortly after the start line, flying over runners' heads and pushing the crowd around while texting and posting pictures on Facebook. He finished in an extraordinary yet anonymous time as he did not wear his "Run Tag." Of course, no one finished last as we all were winners at the end.



Now, for your boards please remember that cardiovascular disease is the No.1 killer of all Americans - in fact someone dies of CVD every 38 seconds. Starting July 1st, for EKGs, Echos, CHF exacerbations, and chest pains, please contact Adam Raskin. For chill nights out please do not hesitate to contact Hayder Hashim.

2nd Annual Oriscello Invitational



by Katherine Kim

BRRINNG!!! The alarm clock reads four am. Am I on service? Am I on call? Neither. Today is the second Oriscello Invitational- a 5am 5k Run. Since last year's race, talk spread that there would be another. But it was a rumor no more as today was the day. The weatherman had predicted rain and sure enough dark clouds hovered above me. How would it affect

of residents and fellows stood with Dr. Oriscello in the pitch black June morning. There were both new and familiar faces from last year's run. It was hard not to miss the outgoing VA chiefs Slawomir Sender and Geena Varghese. They wore the same outfits as last year-otherwise known as repeat offenders. With everyone anxious to start, we were soon off!

Escorted by New Jersey's fin-

est, the Cranford police made sure there were no stragglers left behind in this 3.1 mile run. Jason Zucker, NJMS alumnus and Med-Peds resident, captured the spirit of the moment with his professional camera. Ike Onyenemezu came in first, taking the title from our first year winner and former graduate, Kamran Ahmed. Couples Jose Churrango and Dorothy Castro along with Susana and husband Oscar Tapia took part as well. Inderpreet Singh diverted from the course as he earnestly tried to find the mysteriously hidden camera Dr. O said would record our every move. Like a true trooper, Dr. Oriscello ran to the finish line, injured knee and all, with everyone cheering him on.

Afterward, we headed over to the Oriscello home for food and refreshments. At one point, I

had to raise my voice to be heard amongst the laughter that filled the house. It's safe to say everyone had a great time. The race is something that will surely be talked about for years to come.

I had once asked Dr. Oriscello what the G in his middle name stood for. He halfheartedly joked, "God," but maybe he was right. The sun miraculously came and left with the race. The skies opened up soon after and it poured for the rest of the day. What other force of nature could get thirty residents and fellows to wake up at four in the morning?



Sports

Hockey

by Jose Churrango



One of the best teams in the National Hockey League this past season actually plays in Newark, New Jersey. Their home is just a few blocks away from our beloved University Hospital—the Prudential Center, also known as “The Rock”...yes, you heard right... hockey being played in Newark!

The New Jersey Devils reached the Stanley Cup Finals beating the rivals from the Keystone state, the Philadelphia Flyers, and their cross-river archrivals, the New York Rangers. In both series, the Devils started with a loss, but were able to close in a convincing fashion winning 4 out of 5 games

against the Flyers, and taking 4 of 6 games in the Conference Finals. Hopes were high in the pursuit of the franchise’s 4th Stanley Cup, since their opponent was the Western Conference’s 8th seed, the Los Angeles Kings.

The Kings, though, had plowed through their conference, becoming the first NHL team to enter the playoffs as the 8th seed and to eliminate the 1st and 2nd seeded teams in the conference. Maturity versus youthfulness, legacy versus voracity...The Jersey Devils exorcism gave way to the Kings coronation. The city of Los Angeles was jubilant to add to its repertoire of trophies—the Stanley Cup.



2012 Highlights

by Umair Ahmad



This past year brought a lot of excitement from the world of sports, from LeBron winning his first championship, Linsanity’s breakthrough performance, the Mets first no-hitter, to Eli Manning’s 2nd Super Bowl championship. In the coming weeks we will see the 2012 London Olympics with heroes like Michael



Phelps, who is hoping to become the Olympian

with the most medals won. We look forward to Tim Tebow’s debut as a NY/NJ Jet, the Yankees winning their 28th World Series, and the NY/NJ Giants high-fiving the internal medicine residents in their hometown hospital, at HUMC.



Basketball



After being one of the worst teams in the National Basketball League (NBA), the New Jersey Nets may now become one of the best teams, and quite possibly

THE team to beat. Ticket season holder for this up and coming team, Dr. Roger Keshav, is ecstatic at the prospect that The New Jersey Nets (now Brooklyn Nets), will have Deron Williams and Joe Johnson leading his beloved team to the finals for the first time since the Jason Kidd era.

Euro Cup 2012

by Jose Churrango



Many were entertained, others were disappointed, and some were not surprised...the UEFA (Union of European Football Association) 2012 champions, España and their fans, would tell you this was not an aberration but rather their destiny.

La Roja (“The Red”), as commonly referred, are the current reigning FIFA World Cup 2010 champions and winners of the European cup twice in a row. Esteemed sports commentators Adrian Padkowsky and Ahmad Yousaf, who followed the tournament closely and pro-



vided detailed analysis for each game, had mixed feelings about the results.

The surprise, we all agree, is not that Portugal or Germany were not in the finals, but that Italy made it this far. To put it into perspective, Italy was not supposed pass the 1st round—let alone make it to the finals.

I think I’m being too harsh. Climbing out of Group C was expected to be difficult, if not impossible, for the Italians, since Spain and Croatia were the favorite. The Italians, carried by their striker, Mario Balotelli,

proved the non-believers wrong, while bringing hope to the



Azzure’s fans and an entire country. No, this will not solve Europe’s financial crisis, but the wish is that this personal achievement can bring camaraderie among the people that makeup the European Union.

But Spain also had a commitment to meet, the weight of a nation, and fans who would *definitely not* accept defeat. Without a “true celebrity” striker in their starting squad, Spain tentatively navigated through their opponents, ultimately re-asserting their position as the best team in the world. Can we make a forecast of things to come for the 2014 World Cup to be held in Brazil? I am sure that the soccer community of South America will provide some resistance starting with the Olympics in London just a few weeks away.

Who's Who Among NJMS Residents - Teddy Markou, MD



Theodore (Teddy) Markou was raised in Dover, NJ located in northeast Jersey. He is an only

child.

medical re- search, one could only imagine Teddy would pursue a career in medicine; however his dream of becoming a doctor began much earlier.



Greek dancing, play soccer, and weight lift.

It is only fitting that Teddy's first days as a resident physician began at Hackensack—the place where he received his diagnosis and started dreaming of becoming a doctor. Finally, his dream has come true!

Teddy left Jersey at the ripe age of 18 to attend college in Maryland, where he attended Johns Hopkins University. There, he graduated *summa cum laude* with a degree in molecular and cellular biology. Graduating college from Hopkins, a place known for its cutting edge

At age 14, Teddy was diagnosed with SLE (systemic lupus erythematosus). Lupus... a shocking and disturbing diagnosis that would scare any teenager. Initially upset by the diagnosis as physicians told him that he would have to quit some of his favorite activities, Teddy

was determined to overcome his illness. He spent countless hours learning about his disease and how to best manage it. He also shadowed many local physicians as his research inspired him to help others and give back to the community. To this day, he continues to do professional



Furka Flay



Wheat Berries with Strawberries and Goat Cheese

Recipe courtesy of Giada De Laurentiis

Wheat Berries:

- 2 cups soft white wheat berries, rinsed and drained
- 4 cups low-sodium chicken broth
- 4 cups water
- 1 teaspoon kosher salt

Dressing:

- 1/2 cup fresh orange juice (2 oranges)
- 1/3 cup extra-virgin olive oil
- 2 tablespoons orange zest (1 orange)
- 2 tablespoons agave nectar or honey
- 1/4 cup fresh mint leaves, chopped
- 1 teaspoon kosher salt

- 1/2 tsp freshly ground black pepper
- 10 medium strawberries, quartered
- 1/3 cup (4 oz) crumbled goat cheese
- 1/2 cup chopped walnuts, toasted

Directions

For the wheat berries: In a large saucepan, combine the wheat berries, chicken broth, water, and salt. Bring to a boil over high heat. Reduce the heat to a simmer, cover the pot and cook until the wheat berries are tender, 60 to 70 minutes. Drain the wheat berries in a colander and set aside to cool, about 15 minutes. Transfer to a salad bowl.

For the dressing: In a medium bowl, whisk together the orange juice, olive oil, orange zest, agave nectar, mint leaves, salt, and pepper until smooth. Pour the dressing over the wheat berries and add the strawberries, goat cheese, and walnuts. Toss until all the ingredients are coated.

In-House Connections

Look out for these recent NJMS residency graduates for your most pressing consults, questions, midnight calls, and urgent recommendations.



Samiullah, GI



George Protopapas, GI

“There’s no such thing as an urgent colonoscopy.”



Adam Raskin, Cardiology
“Please call Hayder.”



Hayder Hashim, Cardiology
“Please call Adam.”



Catherine Koper, ID
“Vanco & Zosyn, call me in the morning.”



Marlyn Fernandez, Endocrine
“Urgent consult??”

Techno-Medicology

by Aleksey Tentler



WiFi access at UH:

- 1) Go to <http://istreg.umdj.edu>
- 2) Select Wireless Access and click “register” – make sure you’re doing this from Internet Explorer
- 3) After you click Accept on a bunch of PDF documents, select “Staff/Faculty”, fill in your name and email, hit submit, and you’re done with the registration.
- 4) At UH, find the UMD-WIFI-R network, join, then put in your CORE username and password (that’s the one you use to log into my.umdj.edu and your umdnj email)

Remote Access to UH Epic, Logician, and Sovera (good for discharge summaries)

- 1) Go to <http://istreg.umdj.edu>
- 2) Select Clinical Remote Access, follow instructions
- 3) After you register, go to <http://umdaccess.umdj.edu> and log in with your CORE username

Access MDConsult.com (lots of medical textbooks online), Medline, and other online databases:

- 1) Go to <http://libraries.umdj.edu/databases.html>

Deep Thoughts

by Umair Ahmad

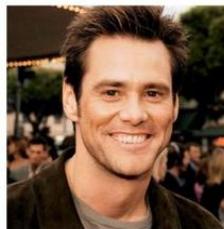


Someone told my patient that laughter was the best medicine...I think that’s how I got TB.

I wonder if Preparations A through G were ever successful?

They say an apple a day keeps the doctor away...well, so does a purulent, pungent smelling, fungating mass. (Pee you!)

Celebrity Sightings



Adam Raskin sighted Jim Carrey while hanging out at the Bell Book & Candle, located at 141 West 10th Street, New York, NY. This bar is famous for it’s \$1 oysters and apparently in depth conversation with movie stars. Adam was quoted as saying, “Hey Jim.”

While walking around the West Village, Adam Raskin also bumped into Jennifer Aniston while she was shopping on Bleeker St. Home to the Beats, Bohemians, abstract expressionism, and gay pride, this area of NYC is also famous for its shopping boutiques and brownstones.



Celebrating her brother’s birthday at one of the coolest lounges in the city, Kristin Wong eyed Matthew Perry through flying, neon orange, ping pong balls at Spin, located at 48 East 23rd Street, New York, NY. Owned by Susan Sarandon, this lounge is especially popular with table tennis enthusiasts—fully equipped with a full service bar and ping pong balls galore.

Stress Relieving Pets

by Anabella Moharita

There is evidence showing the positive effects that pets have on people’s health, and how in difficult times, pets can buffer the negative consequences of stress. At many times, residency can be stressful, but there are various outlets to manage this stress, and owning a pet is one of them.

Ginger is a 13-year-old Chihuahua from Brooklyn owned by Jose Churrango (UH chief) and Dorothy Castro (former IM resident and now hospitalist at UH). They describe Ginger as being a great addition to their life—she is there when they wake up, and she always greets them enthusiastically when they get home after a long day at UH.

Pets get stressed out too though, which just adds to their innocence and humbleness. Poor little Ginger’s weakness is thun-

derstorms.

Furiously shaking to the point of almost inducing rhabdo, Ginger requires hugs and Jose and Dorothy’s cozy bed to sleep in until the thunder subsides.

Over the past 3 years of Dorothy and Jose’s residency, Ginger enjoyed Hackensack University Medical Center’s roasted chicken with corn as her favorite meal, loved snuggling with Jose (her favorite owner), and made enemies with Sami, one of our very own GI fellows and former IM resident.

So the next time you feel stressed, think about the various stress relieving methods including getting yourself a pet!



RCQ brought to you by :

Chief Residents—Umair Ahmad, Jose Churrango, Natalie Furka, Anabelle Moharita, Aleksey Tentler, Madiha Tufail, Kristin Wong

Program Director—Neil Kothari

Suggestions?

Please send them to umdnjchiefs@gmail.com



Patient Care, Teaching, Humanism, Professionalism

We're on the Web!
www.umdnjim.com



...and don't forget to join the NJMS Internal Medicine Residency Group on Facebook!

Distinguished House Staff Awards

April:

- Aesha Jobanputra
- Rishi Mehta
- Osama Tariq Niazi
- Ahmad Yousaf
- Lauren Blackwell
- Inderpreet Singh

May:

- Debra Ehrlich
- Stephanie Kim
- Dina Khateeb
- Osama Tariq Niazi
- Neal Patel
- Lauren Blackwell
- Hayder Hashim
- Leroy Cordero-Floyd
- Sreelatha Naik

June:

- Kavita Gupta
- Morium Akthar
- Michael Cho
- Neal Patel
- Rishi Mehta

Geena's Joke Corner



How come patients with Rheumatoid Arthritis never need Viagra?



Answer: They have morning stiffness lasting over 1 hour!

Get to Know The Chiefs

Matching Game

For each correct match you get 1 point. At the end of the year, the person with the most points wins a prize! (Answers may be used more than once)

Favorite Movies

- | | |
|------------------------------|----------------------|
| 1. The Godfather | A. Umair Ahmad |
| 2. The Count of Monte Cristo | B. Jose Churrango |
| 3. Defiance | C. Natalie Furka |
| 4. Jab We Met | D. Anabella Moharita |
| 5. Titanic | E. Aleksey Tentler |
| 6. Sleepless in Seattle | F. Madiha Tufail |
| 7. The Thin Red Line | G. Kristin Wong |
| 8. Harry Potter—all of them | |

Favorite Foods

- | | |
|-------------------------------|----------------------|
| 1. Nachos | A. Umair Ahmad |
| 2. Grilled Corn | B. Jose Churrango |
| 3. Rocky Road Ice Cream | C. Natalie Furka |
| 4. Nihari | D. Anabella Moharita |
| 5. Brownies | E. Aleksey Tentler |
| 6. Steak | F. Madiha Tufail |
| 7. Borsht | G. Kristin Wong |
| 8. Chinese chicken w/broccoli | |
| 9. Mom's homemade pasta sauce | |

Submit answers to the Chief's office with your name by Aug

Upcoming Dates



September 3, 2012—Labor Day

September 10, 2012—Procedure Night

September, 2012—Hackensack Board Review Course

October 5, 11, & 17, 2012—Internal Medicine ITEs

October 31, 2012—Happy Halloween!



Questions? Need to talk? Call us!



UH Chiefs
973-972-5584 or 6054
HUMC Chiefs
201-996-2591 or 2592
VA Chiefs
973-676-1000 x1873, 1874, or 2803