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## **SAME DAY SURGERY POST-OPERATIVE PAIN MANAGEMENT PROTOCOL**

- **Acetaminophen (Tylenol) 500mg (#60) START THE NIGHT OF SURGERY**  
2 pills three times a day for 3 days, then as needed  
**\*DO NOT TAKE MORE THAN 8 PILLS PER DAY**
- **Toradol (Ketorolac) 10mg (#13) START THE NIGHT OF SURGERY**  
1 pill three times a day for 3 days, then 1 pill two times a day for 2 days \*  
*\*Finish entire prescription.*
- **Prevacid (Iansoprazole) 30 mg (#7) START THE MORNING AFTER SURGERY**  
1 pill every morning for 7 days  
*\*Finish entire prescription.*
- **Gabapentin (Neurontin) 300mg (#9) Under the age of 65**  
**Gabapentin (Neurontin) 100mg (#9) 65 or older**  
START THE NIGHT OF SURGERY  
1 pill three times a day for 3 days  
*\*Finish entire prescription.*
- **Oxycodone 5mg tablet (#40) START THE NIGHT OF SURGERY**  
1-2 pills every 4-6 hours as needed:  
For mild pain: Do not take  
For moderate pain: 5mg  
For severe pain:  
Ages 15-59 Take 10 mg  
Ages 60-74 Take 5 mg  
Age > 75 Do not take
- **Zofran (Ondansetron) 4 mg (#40) ONLY TAKE IF NEEDED FOR NAUSEA**  
1 pill thirty minutes before oxycodone
- **Colace (Docusate) 100 mg (#30) ONLY TAKE IF NEEDED FOR CONSTIPATION**  
1 pill three times per day (while taking oxycodone)
- **Senna 8.6mg (#30) ONLY TAKE IF NEEDED FOR CONSTIPATION**  
2 pills at bedtime, if no bowel movement by day 3. Increase by 2 pills at mealtimes, up to a maximum of 8 pills per day
- **Ice/Elevation START THE NIGHT OF SURGERY**  
Ice every 20-30 minutes at least three times a day. Place ice on a towel to affected area. Do not place ice directly on skin.