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POST SHOULDER SURGERY BRACE PROTOCOL

SHOULDER ARTHROSCOPY (ROTATOR CUFF REPAIR, ANTERIOR LABRAL REPAIR, ANTEIROR INSTABILITY)

- PAD SLING
- CRYO-CUFF

SHOULDER ARTHROSCOPY (POSTERIOR LABRAL REPAIR, POSTERIOR INSTABILITY)

- RAD ER BRACE
- CRYO-CUFF

TOTAL SHOULDER ARTHROPLASTY

- PAD SLING W/O PILLOW
- CRYO-CUFF
- PULLEYS

REVERSE TOTAL SHOULDER ARTHROPLASTY

- PAD SLING
- CRYO-CUFF
- PULLEYS

AC JOINT RECONSTRUCTION

- GUNSLINGER BRACE or LERMAM BRACE