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Bathing or showering steps

Help your child shower or bath with Hibiclens liquid soap for 3 days before surgery.

Hibiclens is a brand name for a soap called chlorhexidine gluconate (CHG). Do not use Hibiclens if your child is allergic to it. You can get Hibiclens soap at most large pharmacies.

Please follow these instructions for cleaning your child's skin using Hibiclens:

1. In the shower or tub, wash the body with regular soap and water first. Wash the hair as usual with your normal shampoo.
2. Rinse the hair and body thoroughly to remove soap and shampoo residue.
3. Apply the Hibiclens soap to your child's entire body only from the neck down. Do not use Hibiclens near the eyes or ears to avoid permanent injury to those areas.
4. Turn water off to prevent rinsing off soap too soon. Wash the body gently for five minutes. Do not scrub the skin too hard. Wash thoroughly with the Hibiclens, paying special attention to the area where the surgery or procedure will be done (unless your child is having surgery on their head). Do not wash with regular soap after the Hibiclens is used.
5. Turn the water back on and rinse the body thoroughly.
6. Pat your child dry with a clean, soft towel.
7. Do not put lotions, powders or oils on your child's skin after bathing.

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