



New Jersey Medical School
DEPARTMENT OF PSYCHIATRY

The Behavioral Addictions

We are often asked if the behavioral addictions, such as shopping, food, sex, love, texting, e-mailing and gambling, are really bona fide medical conditions or just an exaggeration of everyday social and personal ailments.

While there is little doubt that these ailments present with unique and poorly researched challenges in everyday clinical practice, the overarching hallmark of addiction—the loss of control over one’s own life—seems to be quite similar for both substances and behaviors that hijack a person’s pleasure and reward brain circuitry. This conference will examine the latest clinical and research findings in this fascinating area by featuring plenary sessions and interactive round table workshops on the emerging field of the Behavioral Addictions.

The conference will be of interest to counselors, nurses, nurse practitioners, physicians, psychologists, researchers, social workers, students, and trainees. Continuing Education credits will be offered. Registration: Healthcare professionals - \$90; Full-time students and trainees - \$50.

We look forward to seeing you on May 2nd!

7:30 am	Registration and Continental Breakfast	
8:30 am	Welcome and Opening Remarks	Petros Levounis, MD, MA
8:45 am	FOOD	Edwin Salsitz, MD
9:30 am	SHOPPING	Najeeb Hussain, MD
10:15 am	Break and Networking	
10:45 am	EXERCISE	Abigail Herron, DO
11:30 am	LOVE & SEX	Erin Zerbo, MD
12:45 pm	Lunch and Round Table Workshops	
1:15 pm	INTERNET GAMING	Tolga Taneli, MD
2:00 pm	SURFING, TEXTING & E-MAILING	Timothy Brennan, MD
2:45 pm	Closing Remarks	Petros Levounis, MD, MA

SAVE THE DATE
Friday, May 2, 2014

If you would like to be on our mailing list, please send your e-mail address to: Shri Patel at patel122@rutgers.edu. For more information, please visit us at NJMS.Rutgers.edu/Psychiatry.