



New Jersey Medical School

Urban Mental Health 2018

We are very excited to announce "Urban Mental Health 2018," the Sixth Annual Conference of Rutgers New Jersey Medical School Psychiatry. This year we are turning the focus on the latest scientific, clinical, and cultural developments affecting the mental health of our urban communities.

A panel of experts will present updates on a wide range of diverse topics, from depression to advocacy, as well as lead the group in wellness exercises to keep us all relatively happy and sane.

8:00 – 8:50	Continental Breakfast and Registration
8:50 – 9:00	Welcome and Opening Remarks
9:00 – 9:40	Updates in Depression and Suicide Rashi Aggarwal, MD, and Sebastian Cisneros, MD
9:40 – 10:20	Updates in Borderline Personality Disorder Zain Khalid, MD
10:20 – 10:30	Practicum: Taking care of ourselves
10:30 – 11:00	Healthy Snacks and Social Networking
11:00 – 11:40	Updates in Trauma and Migrant Mental Health Cheryl Kennedy, MD
11:40 – 12:20	Updates in Cannabis and Medical Marijuana Erin A. Zerbo, MD
12:20 – 12:30	Practicum: Taking care of ourselves
12:30 – 1:20	Delicious Lunch and Residents' Poster Symposium
1:20 – 2:00	Updates in LGBTQ Mental Health Petros Levounis, MD, MA
2:00 – 2:40	Updates in Advocating for our Patients James Sherer, MD; Lukmanafis Babajide; Joshua Taffet, LCSW, CASAC
2:40 – 2:50	Practicum: Taking care of ourselves
2:50 – 3:00	Closing Remarks and Good-Byes

See you on Friday, November 2, 2018!

Registration & Information at:
NJMS.Rutgers.edu/Psychiatry

Rutgers NJMS, Medical Science Building, Auditorium B-552, 185 South Orange Ave., Newark, NJ 07103
Registration, which includes breakfast, snacks, and lunch: \$95 (\$50 for students and trainees).