



New Jersey Medical School
Department of Psychiatry

Urban Mental Health 2017

We are very excited to announce the Fifth Annual Conference on Urban Mental Health at the Department of Psychiatry at Rutgers New Jersey Medical School. This year we are focusing on the Opioid Crisis, which has been devastating for our communities. A panel of experts will discuss the most recent developments in the field, from the complexities of the neurobiology of addiction to breakthrough medical and psychosocial approaches for opioid use disorders. A practicum on mindfulness and resilience at the end of the day will benefit both our patients and ourselves.

Physicians who attend the conference (and complete an online module) will be certified to prescribe buprenorphine. For Advanced Practice Nurses and Physician Assistants, this will count as 8 hours toward your required 24 hours of training.

We'd love to see you on November 3rd!

7:30 - 8:30	Continental Breakfast and Registration
8:30 - 8:45	Welcome and Opening Remarks
8:45 - 9:30	Science: The New Neurobiology of Addiction Dr. Petros Levounis
9:30 - 10:15	Updates: Opioid Crisis in the US and New Jersey Drs. Erin Zerbo and Zain Khalid
10:15 - 10:45	Healthy and Not-so-Healthy Snacks
10:45 - 11:30	Diagnosis: How do I Know Someone is Addicted? Dr. Petros Levounis
11:30 - 12:15	Treatments: How do I Care for Them? Dr. Erin Zerbo
12:15 - 1:00	Delicious Lunch and Residents' Poster Symposium
1:00 - 2:30	Practicum: Working, Living, and Loving Mindfully Drs. Rashi Aggarwal, Bishara Bhasi, Banu Karadag, & Mayowa Olusunmade
2:30 - 3:00	Open Discussion and Questions
3:00	Evaluations and Adjournment

Friday, November 3, 2017

Registration & Information at:
NJMS.Rutgers.edu/Psychiatry

Medical Science Building, Auditorium B-552, 185 South Orange Avenue, Newark, NJ 07103
Registration, which includes breakfast, snacks, and lunch: \$95 (\$50 for students and trainees)