



New Jersey Medical School

The Department of Psychiatry presents:  
**Urban Mental Health 2019**  
**The Technological Addictions**

We are very excited to announce "Urban Mental Health 2019," the Seventh Annual Conference of Rutgers New Jersey Medical School Psychiatry. This year we are turning the focus on the technological addictions, which are emerging as major problems affecting the mental health of our urban communities. A panel of experts will present updates on a wide range of technological addictions, from Internet gaming to cybersex to online shopping and "e-baying."

8:00 – 8:50	Continental Breakfast and Registration
8:50 – 9:00	Welcome and Opening Remarks
9:00 – 10:30	<b>Video Games:</b> <b>From Fun and Games to Internet Gaming Disorder</b> James Sherer, MD, Rafael Coira, MD, and Diego Garces Grosse, MD
10:30 – 11:00	Healthy Snacks and Social Networking
11:00 – 11:45	<b>Cybersex and Online Porn</b> Petros Levounis, MD, MA, and Lancer Naghdechi, DO
11:45 – 12:30	<b>Internet Gambling</b> Robert Rymowicz, DO, and Heather Wurtz, MD
12:30 – 1:15	Delicious Lunch and Residents' Poster Symposium
1:15 – 2:00	<b>Social Media</b> Lukmanafis Babajide, MD, and Donya Nazery, MD
2:00 – 2:45	<b>Online Auctions and Shopping</b> Parham Khalili, MD, Faisal Kagadkar, MD, and Muhammad Aadil, MD
2:45 – 3:00	Closing Remarks and Good-Byes

**See you on Friday, November 1, 2019**

**Registration & Information at:**  
**[NJMS.Rutgers.edu/Psychiatry](http://NJMS.Rutgers.edu/Psychiatry)**

Rutgers NJMS, Medical Science Building, Auditorium B-552, 185 S. Orange Ave., Newark, NJ  
Registration, which includes breakfast, snacks, and lunch: \$95 (\$50 for students and trainees).