



New Jersey Medical School  
Department of Psychiatry

# Urban Mental Health 2014

We are very excited to announce the 2<sup>nd</sup> Urban Mental Health conference of the Department of Psychiatry at Rutgers New Jersey Medical School. This year, we will focus on the treatment of addiction, which is one of the most devastating ailments in our urban communities. Drs. Petros Levounis and Erin Zerbo will lead a panel of experts who will discuss the most recent developments in the field and engage the conference participants in highly interactive and “hands-on” training practicums.

This conference will be of interest to counselors, nurses, nurse practitioners, physicians, psychologists, researchers, social workers, students, and trainees.

We look forward to seeing you on November 7!

7:30	Continental Breakfast – Registration	
8:30	Welcome and Opening Remarks	
8:45	<b>The New Opioid Epidemic of 2014: Heroin Returns</b>	Erin Zerbo, MD
9:30	<b>Emerging Drugs of Abuse</b>	Petros Levounis, MD, MA
10:15	Healthy (and not-so-healthy) Snacks – Networking	
10:45	<b>Mindfulness and Meditation</b>	Alan Schlechter, MD
11:30	<b>Practicum: “Minding the Mind”: The Next Frontier</b>	Drs. Schlechter & Batra
12:15	Delicious Lunch – Residents’ Poster Symposium	
1:15	<b>Motivational Interviewing</b>	Petros Levounis, MD, MA
2:00	<b>Practicum: Engaging the “Totally Hopeless” Patient</b>	Drs. Zerbo, Opler & Chohan
2:45	Closing Remarks	
3:00	Adjourn – See you on Friday, May 1, 2015 for our next conference!	

# SAVE THE DATE

# Friday, November 7, 2014

Registration, which includes breakfast, snacks, and lunch: \$95 (\$50 for students and trainees)  
If you would like to be included in our mailing list, please forward your email address to Shri Patel at [patel122@rutgers.edu](mailto:patel122@rutgers.edu).

[NJMS.Rutgers.edu/Psychiatry](http://NJMS.Rutgers.edu/Psychiatry)