# RUTGERS New Jersey Medical School Department of Psychiatry

## **Preventing and Confronting Physician Burnout**



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#### Friday, October 17, 2014, 11:00 am – 12:30 pm Medical Science Building, Room B-610, Newark, NJ

Objectives: At the conclusion of this program the participants should be able to:

- 1. Recognize symptoms of physician burnout
- 2. Discuss the prevalence of burnout in medical professionals, particularly in academic settings and psychiatry
- 3. Describe approaches to prevent and deal with burnout

#### **Disclosure Declaration:**

- Chantal Brazeau, MD, has no relevant financial relationships and she will not discuss an unapproved/uninvestigated use of a commercial product in her presentation.
- Jacob J Lindenthal, PhD, DrPH, Douglas Opler, MD, planning committee members, have no relevant financial relationships.

Accreditation: Rutgers, The State University of New Jersey is accredited by the Accreditation Council for Continuing Medical Education to provide continuing education to physicians.

Rutgers, The State University of New Jersey designates this live activity for a maximum of 1.5 AMA PRA Category 1 Credit(s)<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Sponsorship:** This activity is provided by Rutgers New Jersey Medical School Department of Psychiatry and Center for Continuing and Outreach Education at Rutgers Biomedical and Health Sciences.

**Target Audience:** This program will be of interest to psychiatrists, psychologists, counselors, nurses, physicians, researchers, social workers, students, and trainees.