Access to Health Care

http://www.4woman.gov/minority/access.htm
Getting Health Insurance. Does my state have health insurance for children? In 2000, over 40 million Americans under 65 years of age reported having no health insurance coverage. The National Women’s Health Information Center.

http://reprohealth.ucsf.edu/articles/Latino.hca.pdf
FACT SHEET ON LATINO YOUTH: HEALTH CARE ACCESS NOVEMBER 2002 Center for Reproductive Health Research and Policy, Department of Obstetrics, Gynecology.

Special Report: The Latino Impact -- Health Care Demands Growing
As the need for low-cost health care for Latino families has grown, the dilemma has been aggravated by cultural crossed wires. By Mary R. Fortune, Staff Writer April 11, 2000.

Gracias Doctor
A multilingual medical group that presents the specific health news and concerns of your location in Latin America, North America, and Spain. [English/Español/Português].

http://www.4woman.gov/minority/minority.cfm?page=212
Health Problems in Hispanic American/Latina Women: Getting Health Care. NWHIC National Women’s Health Information Center.

http://www.hhcc.arealahec.dst.nc.us/
Welcome to the North Carolina AHEC Latino Health Resource Center. This Website is part of the North Carolina AHEC Spanish Language and Cultural Training Initiative, a statewide collaborative effort to promote increased Spanish fluency and related cultural competencies among North Carolina health professionals.

http://www-news.ucdavis.edu/services/latino_health_ed.lasso#Anchor-Latino-36680
The UC Davis faculty has a broad expertise regarding Mexico-U.S. issues. Spanish-language media members, please note that all on the list are fluent Spanish speakers. UC Davis web site.

http://www.casademaryland.org/Health_md.htm#hiv
Disease prevention and health promotion education and to advocate for the health rights of all Latinos.

http://www.lif.org/health/main.html
Ensuring that Latinos have access to health care and are able to live healthy lives. Latino Issues Forum (LIF) website.

http://www.nhmamd.org/
Expanding access to quality health care, increasing opportunities in medical education, cultural competence, and research for Latinos. NHMA National Hispanic Medical Association.

Centers for Disease Control and Prevention, Office of Minority Health
For too many racial and ethnic minorities in the United States, good health is elusive, since appropriate care is often associated with an individual's economic status, race, and gender. CDC Centers for Disease Control and Prevention web site.

Office of Minority Health Resource Center (Dept. of Health and Human Services, Office of Minority Health)
The mission of the Office of Minority Health (OMH) is to improve and protect the health of racial and ethnic minority populations through the development of health policies and programs that will eliminate health disparities.
ETHNOGERIATRIC CURRICULUM MODULE Health and Health Care of HISPANIC/LATINO AMERICAN ELDERS
Melissa Talamantes, MS* Department of Family and Community Medicine University of Texas Health Science Center, San Antonio Robert Lindeman, MD.

Lehigh valley human services directory Lehigh Valley Community Mental Health Clinics 865 East Fourth Street Bethlehem, PA 18015 Lehigh Valley Community Mental Health Clinics 210-214 North 6th Street Allentown, PA 18102

http://www.aoa-net.org/MediaCenter/nomweekminoritycare.htm
Minority Health Care and Access Background The 2000 Census revealed as many as 63 different racial and ethnic groups in the United States. A recent study conducted by The Commonwealth Fund revealed that minority Americans do not fare as well as Caucasians. AOA American Osteopathic Association.

Bringing Health Care to Hispanics. Story by Erica Donerson on Sun, Oct 20th 2002 (8:22 PM), News Channel 9.

http://www.tpchd.org/treatmentsvcs.htm
Alcohol Screening Test. ... Treatment Focus. Hispanics. Hispanics. Hispanics. Hispanics. Fort Lewis Alcohol & Drug Abuse ... Tacoma-Pierce County Health Department.

Alcohol
http://www.omsa.uiuc.edu/clearinghouse/diseaseSum/alcoholabuse.html
Heavy drinking occurs in roughly 40% of Latino men aged 18-39. Sponsors.

http://www.mckinley.uiuc.edu/health-info/drug-alc/drug-alc.html
Alcohol Abuse. McKinley Health Center - University of Illinois at Urbana-Champaign.

http://www.llhj.org/alcohol/violence.html
Alcohol and Latinos - Fact Sheets. Latino Alcohol-Related Injuries and Violence. Latino men consume more alcohol than white and African American men. LLHJ Latinos and Latinas for Health Justice. These fact sheets were compiled by the Trauma Foundation and published in Preventing Alcohol-Related Injury and Violence: Resources for Action, 1999.

This guidebook is about helping Hispanic/Latino community groups organize their communities around a major problem facing Hispanic/Latino youth—alcohol and drug.


http://www.macad.org/lapp/
Prevention Programming has been funded to provide prevention programming to mainly Latino elementary (ages ... utilizes research-based, evaluated programming to prevent alcohol, and tobacco abuse. The Council on Alcohol and Drugs.

NIAAA Analysis Reveals Increased Risk for Liver Cirrhosis Death Among Hispanic Americans (National Institute on Alcohol Abuse and Alcoholism)

http://www.4woman.gov/faq/sa-alcoh.htm
Alcohol Abuse and Treatment. The National Women’s Health Information System.

http://www.4woman.gov/minority/minority.cfm?page=218
Health Problems in Hispanic American/Latina Women: Alcoholism and Illicit Drug Use.

http://www.smchsa.org/alcohol/aod-res.html
Latino Commission (Residential) Residential recovery services for Latino men and ... Program) (Residential) A 20-bed social model. Human Services Agency
This *Alcohol Alert* considers why some minorities have more medical problems than others and whether minorities receive adequate treatment and prevention services. National Institute on Alcohol Abuse and Alcoholism No. 23 PH 347 January 1994.

Women and Alcohol ... American Indians/Alaska Native, and 9.03% of Hispanics reported alcohol dependence.2. Men and women reported different ...

Study finds Hispanics have nation's highest national rate of liver cirrhosis. By Randolph E. Schmid *Associated Press Writer*. Dodge Globe web site, National Institute on Alcohol Abuse and Alcoholism.

Women and Alcohol ... American Indians/Alaska Native, and 9.03% of Hispanics reported alcohol dependence.2. Men and women reported different ...

Hispanics arrested in 25 percent of DUIs. By Stephanie Broadbent, Carolina Morning News


... The rate of alcohol use among white women was significantly higher than the rate for Hispanics, while rates of cigarette ...

Latino men consume more alcohol than white and African American men (Caetano and Kaskutas, 1995). Trauma Foundation.

New Study Examines Alcohol-Related Traffic Accidents and Ethnicity. .... Among Hispanics, Cuban Americans had the lowest percentage of alcohol-related traffic deaths (33.7%) and the highest ...By Susan KalagherMarch 1, 1999.

Hispanics are the fastest growing ethnic ... The bulk of alcohol advertising spending occurs. in English-language magazines. Hispanic youths read both English and Spanish. ...

Educating young adults (high school and college age) and their parents as to the responsible use of alcohol, the effects of alcohol and how to deal with excess use by others. Be Responsible About Drinking, Inc. (B.R.A.D.) is a Michigan nonprofit corporation.


**Tobacco and Substance Use**
Hispanics and Tobacco

Smoking is responsible for 87% of the lung cancer deaths in the United States. Overall, lung cancer is the leading cause of cancer deaths among Hispanics. (Centers for Disease Control and Prevention)

Also available in: Spanish

http://www.4woman.gov/minority/minority.cfm?page=216
Health Problems in Hispanic American/Latina Women: Smoking.

A Parent's Guide to Preventing Inhalant Abuse. This brochure gives parents a general overview of inhalant abuse among young people, including which household products are commonly abused, the health effects of inhalant abuse, how to recognize symptoms. U.S. Consumer Product Safety Commission.

Alcohol and Minorities: This update discusses ethnic differences in drinking patterns. National Institute on Alcohol Abuse and Alcoholism, National Institutes of Health.

http://www.kidshealth.org/kid/stay_healthy/body/alcohol.html
Kids and Alcohol. Information for kids who want to know more about kids and alcohol. Find out why you shouldn't drink, what causes kids to drink, how to tell if someone you know has a problem and what to do. The Nemours Foundation.

http://www.cdc.gov/ncbddd/fas/
Also available In: Spanish
Fetal Alcohol Syndrome Fact Sheet. This fact sheet presents a general overview of fetal alcohol syndrome (FAS), described as a group of physical and mental birth defects caused by a woman drinking heavily during pregnancy. National Center on Birth Defects and Developmental Disabilities

For people in the Latino community, illegal drugs and the drug trade are woven into the pattern of life -- affecting relatives, friends, loved ones at every ...

... of passage since at least the days of Bob Dylan, risk-taking among Latino youths is ... when black and white teens seem to be easing up on the sex, drugs, and rock ...

http://www.latinoads.org/abchiv/abc_main.htm
... Sharing needles or syringes to inject drugs also spreads HIV. ... It is also risky to share the "cookers" or cotton used to prepare drugs for injection. ...

http://www.lungusa.org/tobacco/hispanic_factsheet99.html
Since 1904, the American Lung Association has been working to ensure that all Americans breathe easier. Our mission is to prevent lung disease and promote lung health. This goal is crucial. ... Lung cancer is the leading cause of cancer deaths among Hispanics. June 2002 American Lung Association.

http://www.oralcancerfoundation.org/tobacco/demographics_tobacco.htm
... Lung cancer is the leading cause of cancer deaths among Hispanics. Lung cancer deaths are about three times higher for Hispanic men. The Oral Cancer Foundation.

Alternative Therapies

Traditional 'Folk' healing tradition in Mexico and the US Southwest. Created by a blend of Native American, African and Spanish spiritual and medical knowledge.

http://www.medicalacupuncture.org/acu_info/faqs.html

An overview of the use of 714-X as a treatment for cancer. The summary includes a brief history of 714-X research; a review of laboratory, animal, and human studies; and possible side effects of 714-X. National Cancer Institute, National Institutes of Health.

The role of our bodies' biological rhythms in fighting disease has come under study by some in the medical community. This consumer information article takes a look at how chronotherapy is being used. U.S. Food and Drug Administration.

Acupuncture is one of the oldest, most commonly used medical procedures in the world. Research shows that acupuncture is beneficial in treating a variety of health conditions. National Center for Complementary and Alternative Medicine, National Institutes of Health.

The Chinese therapy of acupuncture has been used for millennia to treat a range of ailments. Arthritis Foundation.

http://www.healthy.net/asp/Associations/assocsearch.asp?AssocID=1
Directory of national organizations that are involved in the field of medical acupuncture and oriental medicine. Includes addresses -- internet and postal, and phone numbers. HealthWorld web site.


http://www.mmrfweb.org/research/addiction&alt_med/index.html
This web site presents information about current research efforts to discover complementary and alternative medicine (CAM) therapies for addictions. Center for Addiction and Alternative Medicine Research.

http://www.pitt.edu/~cbw/hiv.html
Links to online resources (articles, news & reports), treatment facilities and agencies related to alternative therapy treatment and HIV/AIDS. Educational Institution--Follow the Resource URL for More Information.

Diabetes. Risk factors for diabetes are described. These include age, heredity, impaired glucose tolerance etc. ... Guest Book. Alternative Therapies. Acupuncture. Aromatherapy ... In the United States the disease is more common among African-Americans, Hispanics and American Indians. ...


http://itsa.ucsf.edu/~chuckp/alternhl.htm

http://home.coqui.net/myrna/cah.htm
Congenital Adrenal Hyperplasia, Modern Alternative Therapy Modalities Congenital adrenal hyperplasia (CAH) is a family of autosomal recessive disorders of adrenal steroidogenesis. ... of molecular genetics and alternative approaches to treatment. Pediatric Bulletin, Myrna R. Nieves, MD FAAP.

Cancer

http://www.4woman.gov/minority/minority.cfm?page=206
Health Problems in Hispanic American/Latina Women: Breast Cancer

http://www.hispanichealth.org/
Mission: To improve the health and well-being of Hispanics.
The National Alliance for Hispanic Health (the Alliance) is the Nation’s oldest and largest network of Hispanic health and human services providers. Alliance members deliver quality services to over 12 million persons annually. National Alliance for Hispanic Health.

http://www.4woman.gov/minority/minority.cfm?page=301
Health Problems in Hispanic American/Latina Women: Cervical Cancer.

Exercise Can Prevent Breast Cancer in Hispanic Women
American Cancer Society, 2001/10/12

Hispanic/Latino Cancer Awareness
While Hispanic/Latino Americans currently have a lower risk for cancer overall, certain diet and lifestyle habits could lead to a rise in cancer rates. ACS American Cancer Society, Inc.

Minority Cancer Awareness
(National Center for Chronic Disease Prevention and Health Promotion)

Cancer Health Disparities
(National Cancer Institute) April 2003

In 1998, 53% of all cancer-related deaths in the United States were associated with four sites: lung/bronchus, colon/rectum, prostate, and female breast (1). (Centers for Disease Control and Prevention)

http://www.4woman.gov/minority/minority.cfm?page=207
Health Problems in Hispanic American/Latina Women: Other Cancers.

http://www.iccnetwork.org/cancerfacts/cfs4.htm
Hispanics/Latinos & Cancer Who We Are The Hispanic/Latino population is more accurately referred to as a mosaic of cultures. ... iccnetwork.org/cancerfacts. Hispanics/Latinos & Cancer. News. Cancer Facts. ICC Intercultural Cancer Council.

Hispanics avoid cancer screening, study finds. This story was published 9/15/2001. By Annette Cary, Herald staff writer.

Study shows differences in prostate cancer test for Hispanics. (cancerfacts.com), Tuesday, May 28, 2002

http://www.state.nj.us/health/cancer/hispanic/hispanic1906.htm

http://enaccion.bcm.tmc.edu/breastcancer.pdf
... women (111.8 and 95.4 respectively), breast cancer is the leading cause of cancer death among Hispanics. 1,4...

Obesity might play part in increasing breast cancer rates among Hispanics. Study links body fat, cancer risk
Public release date: 9-Aug-2002 University of Southern California.

http://www.texaslung.org/educationalresources/factsheets/hispanicsandlungdisease.htm
Hispanic men have a lung cancer mortality rate approximately three times that of Hispanic women. American Lung Association of Texas.

http://www.naleo.org/TTA/Colton_Berdeja_files/frame.htm#slide0036.htm
- Apr-02: Definitions ... Type of cancer is named based on the original cell of origin ...

Child and Adolescent Health
http://www.cdc.gov/spanish/
El Centro Nacional de los Defectos Congénitos y Deficiencias del Desarrollo (NCBDDD por sus siglas en inglés), como parte de los Centros para el Control y la Prevención de Enfermedades (CDC), pretende promover el desarrollo óptimo del feto, el bebé y el niño; prevenir los defectos congénitos y las deficiencias del desarrollo; y mejorar la calidad de vida y evitar las condiciones secundarias en niños, adolescentes y adultos que viven con alguna discapacidad.

http://www.futureofchildren.org/information2826/information_show.htm?doc_id=74356


http://www.jessejacksonjr.com/issues/i072602589.html

Hepatitis A called threat to health of Latino kids. The San Diego Union-Tribune, April 2002.

http://www.4woman.gov/owh/pub/woc/adolesc.htm
Women of Color Health Data Book: Adolescent Females of Color. Factors affecting the health of women of color Adolescent females of color (National Women's Health Information Center)

http://www.acponline.org/uninsured/latino.htm

http://www.healthinschools.org/ejournal/2002/aug02_1.htm
Latino children have poorer health and are less likely to access health care than most other children. Health & Health Care in Schools is published with support from The Robert Wood Johnson Foundation by The Center for Health and Health Care in Schools, School of Public Health and Health Services, The George Washington University Medical Center.

http://www.childrennow.org/media/mc94/news.html
... 73% agree that "whenever you see {African-American} and {Latino} people in the news they're usually involved in crimes, drugs, or some other problem". ...Children Now website.

http://www.reprohealth.ucsf.edu/articles/Latino.hca.pdf
Fact sheet on latino youth: health care access. ... more likely than non-Latino whites (11%) and African Americans (10%) to report ... report having unmet health care needs. (e.g. dental care, mental health care, … University of California, San Francisco.

Dental Health
Health Imaging : Dental - Focus on the Dental Student. UCLA-sponsored dental clinics in South Central LA: the Asian Dental Clinic and Latino American Dental Services (LADS) clinic.
Dental Materials and Supplies Grant Application — A partnership between the California Dental Association Foundation and the Henry Schein Cares Program. Requesting Organization Contact Information (Please type or print clearly). California Dental Association Foundation and the Henry Schein Cares Program.

Hispanic dentists can find out how to join this organization and where to find affiliate chapters. Tells of available scholarships. Hispanic Dental Association.

Taking Responsibility for Accessible Dental Services for Sharon J. Mathe A Rural Health Network is the perfect administrative tool to use to address the problem of proving accessible dental care to children in poor rural areas. ... the Latino community. Latino children and, their families are at high risk for baby bottle tooth decay.

Centro Latino Offers Free Dental Services. A trip to the dentist isn't always possible for some Mid-Missourians. ... KOMU.com is the web site of KOMU-TV, the NBC affiliate serving mid-Missouri from the University of Missouri-Columbia. KOMU News is produced by the students and faculty of the Missouri School of Journalism. ...

A staffing company connecting Spanish-speaking dental professionals with excellent career opportunities. ... Welcome to HernandezSearch! Connecting Latino Dental Professionals with Career Opportunities ... Rey Hernandez Marketing web site.

In Practice: North Carolina’s Dental Hygienists... Latinos with a ratio of 1 Hispanic/Latino dental hygienist. for every 126,321 Hispanics/ ...

Many are working poor Latino families who can't afford dental insurance. Some of them are illegal immigrants. ... Edward Sifuentes, Staff Writer.

Ten dental schools receive funds to improve access to dental care, enroll more underrepresented minority/low income students Pipeline Profession & Practice supports new community-based initiatives, Princeton, N.J.— Sept. 12, 2002

Diabetes

Diabetes in Hispanic Americans - Sponsored by: NDIC National Diabetes Information Clering House - service of the National Institute of Diabetes and Digestive and Kidney Diseases, National Institutes of Health.

Type 2 diabetes is increasing in prevalence in the young, and has always been more common in people of color namely, African Americans, Hispanic Americans, Native Americans and Pacific Islanders. McKinley Health Center - Board of Trustees, University of Illinois.

Results of latino health study indicate need for better screening, prevention and control of diabetes UC Davis Health System May 2000
Diabetes is Major Health Problem Among Latinos. By Dharma Cortés, senior research associate at the Gastón Institute.

Health Problems in Hispanic American/Latina Women: Diabetes.

Hispanics have a high rate of diabetes. Many don't even know they have it. Here are some resources on education, prevention and living with diabetes.

Diabetes is not an equal opportunity disease. It hits some ethnic groups particularly hard, especially Latinos who enjoy a diet high in carbohydrates. By Mario Rosenberg, M.D., member of Herbalife’s Medical Advisory Board

Diabetes - Overview and library of articles relating to particular disease, condition, or disorder.

Diabetes: A Clinical Overview-Diabetes is a group of conditions in which glucose (sugar) levels are abnormally high. It is often called "sugar" in some areas of this country. ... disorder will experience the following: increased thirst and urination, constant hunger, weight loss, blurred vision, ... among Blacks, Hispanics, and Native ... By Elwood Robinson, Ph.D.

Hidden threat: Many Hispanics have diabetes and don't know it. To effectively treat Hispanics, diabetes educators and health care officials need to address the "lifestyle, economic, social and cultural factors" that limit Hispanics' access to care and their ability to stick with treatment. September 28, 1999. By Christopher Walton, Detroit Free Press Special Writer.

Diabetes mellitus is the fifth leading cause of death for Hispanics. Department of Health and Human Services.

What is Diabetes? Diabetes is the group of medical conditions that occur when your body cannot use sugar (glucose) properly. Click to find answers to other questions on diabetes. Hispanichealth.org, National Alliance for Hispanic Health.

Find out what diabetes is, how to deal with it, and what new hope is just coming over the horizon. ... Type II (Adult Onset) diabetes, you'll see they track ... other kind" of diabetes--the kind you get through ... even keel, and that is paramount to diabetes prevention and management. ... By Juan Carlos Zevallos, M.D., Epidemic Intelligence Service Officer, Centers for Disease Prevention and Control.

Awareness of Diabetes Among Latino/Hispanic Americans Is High, but Behavior Lags; Actress Rita Moreno Responds to American Heart Association Survey On Diabetes and Heart Disease, 06/05/03.

Diabetes in Children and Adolescents - A ... provide information and resources related to diabetes and promote early diagnosis and management. National Diabetes Education Program.
Today, one in ten adult Hispanics has diabetes; worse yet one in four Latinos over 65 years of age is afflicted with diabetes. By Dr. Henry Pacheco, The Hispanic Community’s Newspaper.

Did you know that 2 million Hispanics have diabetes, or about one in 10 Hispanics in the United States? Netmio.com, a service of HBCi, LLC.

American Diabetes Association recommends avocados in latest guidelines. Hispanic PR Wire web site.


Informed opinion from America's foremost health institution - Johns Hopkins University and Health System BALTIMORE - Did you know that diabetes strikes about 16 percent of Americans -- but half of them don't know they have the disease? ... In fact, if you questioned the Hispanics with diabetes, you'd undoubtedly find that other relatives have the disease, ...CHN Consumer Health News from InteliHealth.

Diabetes is a Serious Disease| It is often called “the silent killer.” Diabetes affects 125 million people across the world. It kills 200,000 people each year. Many people have diabetes for years and don't know they have it. ... Blacks and Hispanics get diabetes twice as often as whites do. ...

Diet
http://www.allaboutlatinohealth.com/generalhealth.htm
The choices you make about the way you live are important to your health. Here are some choices you can make to help yourself stay healthy. All about Latino health web site.

To Your Health by Christina Pirello, In the Kitchen, Book Review, Certified Organics, Nuevo Latino Cuisine, 5 A Day, ... The Chile/Diet Connection by Heidi Allison ...

Diet & fitness news.

The Books: Latina Lite Cooking by Maria Dolores Beatriz. Her wildly popular Latino-oriented diet centers, the famed Esbeltez chain, help reduce the shapes and reinvent the lives of at least 2,000 people a week.

Healthy Eating for Latino Families. Migrant and Seasonal Headstart web site.
http://www.deliciousdecisions.org/
The information on this website is designed to show you how to enjoy delicious meals and have the benefit of good nutrition all at the same time. Includes AHA nutrition recommendations and guidelines. American Heart Association.

http://www.nhlbi.nih.gov/health/public/heart/other/sp_recip.htm
Learn to cook some of your favorite, traditional Latino dishes in a heart-healthy way. This bilingual cookbook contains 23 tested recipes that cut down on fat, cholesterol, and sodium but not on taste. National Heart, Lung, and Blood Institute, National Institutes of Health.

http://familydoctor.org/handouts/301.html
This fact sheet provides a general overview on food groups you should choose and the ones you should avoid to reduce cancer risk. American Academy of Family Physicians.

Dieter's teas, herbal teas that contain senna, aloe, buckthorn, and other plant-derived laxatives, can, when consumed in excessive amounts, cause diarrhea, vomiting, nausea, and stomach cramps. U.S. Food and Drug Administration.

http://www.fda.gov/opacom/lowlit/hlyheart.html
This easy-to-read consumer education brochure discusses dietary changes that can lower the risk for heart disease. U.S. Food and Drug Administration.

http://www.cancer.gov/cancerinfo/eatinghints
Your diet is an important part of your treatment for cancer. This is a guide for patients who are still receiving cancer treatment but may also be useful as a diet guide after treatment. National Cancer Institute, National Institutes of Health.

http://www.americanheart.org/presenter.jhtml?identifier=4584
This article reviews the importance of good nutrition, reasons older people often eat poorly, and government-funded food programs that are designed to provide solutions. U.S. Food and Drug Administration.

http://147.208.9.133/
Interactive Healthy Eating Index (IHEI). This online dietary assessment tool scores your dietary information according to the types and amounts of food you ate as compared to those recommended by the Food Guide Pyramid. It also tells you how. Center for Nutrition Policy and Promotion, U.S. Department of Agriculture.

http://www.nichd.nih.gov/milk/milk.cfm
Milk Matters Campaign. This site addresses the growing problem of inadequate calcium consumption among children and adolescents. It provides information and resources for the general public and health care professionals. National Institute of Child Health and Human Development, National Institutes of Health.
http://5aday.nci.nih.gov/
National Cancer Institute's 5 A Day for Better Health Program. Information on this page is designed to inform the user about the importance of fruits and vegetables in disease prevention, including cancer. At this interactive web site you can assess your nutrition. National Cancer Institute, National Institutes of Health.

http://www.aaiip.com/tradmed/tradmedfoodguide.html
Native American Food Guide. A guide to healthy eating designed especially for Native American peoples that combines foods that are recommendations of the US Department of Agriculture's Food Guide Pyramid and traditional Northwest. Association of American Indian Physicians.

Obesity Education Initiative: Guide to Behavior Change. If you are overweight, these behavioral changes from the National Heart, Lung, and Blood Institute will reduce your risk for some health problems that affect the heart, lungs and joints. National Heart, Lung, and Blood Institute, National Institutes of Health.

http://www.usda.gov/cnpp/insights.html
Nutrition Insights from the USDA Center for Nutrition Policy and Promotion. Links to food and nutrition-related reports and advisories issued intermittently by the Center for Nutrition Policy and Promotion. Center for Nutrition Policy and Promotion, U.S. Department of Agriculture.

http://www.ftc.gov/bcp/conline/edcams/waistline/index.html
Project Waistline. You've Seen the Claims... Now Get the Facts! Are you one of the estimated 50 million Americans who will go on a diet this year? If so, you may be tempted by advertisements for products promising easy. Federal Trade Commission.

http://www.consumer.gov/weightloss/setgoals.htm
Setting Goals for Weight Loss. The information on this page is designed to help you take the necessary steps for setting reachable goals and achieving success from your weight loss program. General Government Agency.

http://www.cfsan.fda.gov/~dms/fdsugar.html
Sugar Substitutes: Americans Opt for Sweetness and Lite. Use this guide to find out about the low-calorie sugar substitutes available and how they fit into your diet. Four sugar substitutes --saccharin, aspartame, acesulfame-K, and sucralose, are mentioned. Center for Food Safety and Applied Nutrition.


http://www.nhlbi.nih.gov/hbp/prevent/sodium/tips.htm
Tips for Reducing Sodium in Your Diet. Written specifically for persons with high blood pressure, following these tips will help you to reduce salt and sodium in your diet. National Heart, Lung, and Blood Institute, National Institutes of Health.

http://www.nhlbi.nih.gov/hbp/prevent/h_eating/tips.htm
Tips On How To Make Healthier Meals. These tips were written specifically for persons with high blood pressure but may be used by anyone who would like to improve their eating habits. The topics covered include: choosing foods low in salt. National Heart, Lung, and Blood Institute, National Institutes of Health.

http://www.fda.gov/fdac/reprints/weight.html
Ways to Win at Weight Loss. This article discusses obesity in the United States and effective methods for weight loss success and for keeping weight off. U.S. Food and Drug Administration.

Live longer. Another key factor that comes into play from the Latino lifestyle is their diet. Latino cuisine includes a lot of fish, olive oil ... By Joshua Levine.
Food and Calcium Sample Meal Plans Hispanic/Latino Foods
Food and Calcium Hispanic/Latino Foods Sample Meal Plans Day One Breakfast 1 plantain 1 cup instant oatmeal 2 ounces ... water, diet soda or iced tea Dinner 4 oz ...

http://www.heartcenteronline.com/myheartdr/home/research-detail.cfm?reutersid=3887

Nutrition, and Obesity
http://www.omsa.uiuc.edu/clearinghouse/diseaseSum/obesity.html
According to the Department of Health and Human Services, the percentage of overweight individuals is higher among Mexican-American males (39.5%) than non-Latino white (32.1%) and non-Latino black (31.5%) males. Sponsors.

http://www.4woman.gov/minority/minority.cfm?page=298
In general, the Latino diet is high in fiber and relies on vegetable rather than animal fats. Sponsors.

http://www.omsa.uiuc.edu/clearinghouse/diseaseSum/obesity.html
Health Problems in Hispanic American/Latina Women: Obesity and Overweight.

http://www.news.ucdavis.edu/services/obesity.lasso#Anchor-New-23240
UC Davis experts: Obesity, exercise and nutrition. UC Davis News Service.

http://www.cdc.gov/nccdphp/dnpa/obesity/index.htm
In the United States, obesity has risen at an epidemic rate during the past 20 years. CDC Centers for Disease Control and Prevention.

... (NDEP) National Diabetes Education Program has launched a nutrition campaign aimed at Hispanics and Latinos who have diabetes or are ... risk factors include older age, obesity, family history of diabetes, prior history ... Nutrition Campaign, April 27, 2001. NIDDK National Institute of Diabetes & Digestive & Kidney Diseases

http://www.endotext.com/obesity/obesity16/obesity16.htm


Interviews with migrant farmworkers and service providers in Minnesota showed that diet-related diseases common to this population were obesity/overweight, cardiovascular disease, diabetes, and anemia (Thomas, Fang, Hones, Mgeni, & Rode, 1995). Department of Food Science and Nutrition, The University of Minnesota.

Good nutrition and dietary habits need to begin in childhood and be practiced ... groups, but obesity is particularly common. among Hispanics/Latinos, African American/Blacks.

http://www.weighttoobesity.org/articles/sf.htm
Growing up too fat/Kids suffer adult ailments as more become dangerously obese. Kim Severson, Meredith May, Chronicle Staff Writers Sunday, May 12, 2002 (SF Chronicle)

http://www.lapublichealth.org/nut/nutfacts.htm
Did You Know? NUTRITION AND HEALTH FACTS AND FIGURES Nearly one half (47%) of Los Angeles Adults are overweight. ... African Americans and 54% of Latinos experience overweight. Los Angeles County Department of Health Services.

Education
http://www.geocities.com/CollegePark/Field/4725/
The Jefferson Latino Health Organization (JLHO) and Latino health care. JLHO is a student organization at Thomas Jefferson University in Philadelphia, PA. medical students: Daniel Rocha, Greg Rudolf, and Guillermo Navarro. The organization is sponsored by oncologist, Jose Martinez, M.D. and Director of Neuroradiology at Jefferson, Carlos Gonzalez, M.D.

http://home.earthlink.net/~nhma/
NHMA National Hispanic Medical Association provides policy makers and health care providers with expert information and support in strengthening health service delivery to Hispanic communities across the nation.

http://www.apla.org/apla/ed/education.html
Caregivers, health professionals and people with HIV disease are empowered to enhance the quality of their lives through Community Education Workshops.

http://www.nbilo.org/
The National Boricua Latino Health Organization (NBLHO) is a Latino student group representing health professions students from the northeast region of the United States.

http://www.lmsa.net/default.asp?URL=0
To promote the development of a communication network for Latino medical students, pre-medical and health care students. LMSA Latino Medical Student Association.

This guidebook is about helping Hispanic/Latino community groups organize their communities around a major problem facing Hispanic/Latino youth—alcohol and drug use.

http://dentalpipeline.columbia.edu/pipeline_projects_fr.html
Pipeline, Profession & Practice: Community-Based Dental Education grant recipients include the following dental schools. ... Practice: Community-Based Dental Education, Boston University School of Dental Medicine (BUSDM) proposes ... American Dental Education and Practice.

http://www.rwif.org/news/releaseDetail.jsp?id=1031786743861
Ten Dental Schools Receive Funds to Improve Access to Dental Care, Enroll More Underrepresented Minority/LowIncome Students. Pipeline Profession & Practice supports new community-based initiatives Princeton, N.J., (September 12, 2002)


http://www.njcu.edu/news/grant_collaborative_project.asp
... The federal grant represents 82.5 percent of the total funding necessary for the first year of "Improving the Pipeline for Latinos in Education: A Systemic ... New Jersey City University.

Latino students now make up the largest minority group in the school-age population in the country. Yet they lag behind their white and Asian peers -- and in some cases African-Americans as well

Genetics
Recent research has revealed that a mutation in one particular gene might cause the obesity disorder. Diabetes News for April 14, 2002, Diabetes Services, Inc.

Latino Eldelry In Los Angeles were as likely as non-Hispanic White to cite the role of heredity, diet and overweight in the causation of diabetes. Los Angeles, CA July 2001.

http://alcoholism.about.com/library/weekly/aa990517.htm
Alcoholism: Is it Inherited? Genetic Component Not Yet Identified

Hispanics and Dementia. EEC Ethic Elders Care web site.

The Hispanic American population is living longer, growing older, and becoming more diverse.

The earliest forebearers of the group known today as Hispanic Americans or Latinos were Spanish colonists in the late 1500s who came from Mexico to live in what is now the Southwestern United States.


Late-Onset Schizophrenia Versus Paranoid Psychoses

Conclusion: Since clear and etiologically meaningful differentiation between these diagnostic categories is not possible, they should not be separated by artificial diagnostic criteria for research purposes. Rather, the whole “schizo-paranoid” spectrum should always be analyzed. As long as classification is based on differences in symptomatology, the influences of pathoplastic factors should be taken into account... American Journal of Geriatric Psychiatry, November 11, 2003.

MRI Lesion Severity and Mortality in Geriatric Depression

Conclusion: These findings suggest that there is a relationship between cerebrovascular disease severity and mortality among depressed patients. More studies, with larger sample sizes, comparing depressed patients and control subjects are needed to further elucidate this relationship... American Journal of Geriatric Psychiatry, November 11, 2003.

Wound care in geriatrics

Wound care is a crucial aspect in caring for the geriatric population. It is important to recognize a wound when it begins and know the proper treatment once a wound develops. First, it is important to assess the wound and determine the type of wound that is being dealt with...Dermatologic Therapy, November 11, 2003.

Review: Diagnosis of dysphagia and its nutritional management for stroke patients

This article is aimed at primary care physicians and others caring for stroke patients. We discuss the need for assessing the nutritional status of stroke patients and provide strategies for the management of dysphagia and patients' food and fluid intakes. In addition, we review clinical and radiological options for the diagnosis of dysphagia as well as oral and enteral feeding alternatives...Canadian Medical Association Journal, November 11, 2003.

Pacing in elderly patients

Aging is associated with progressive fibrosis of the sinoatrial node and the atrioventricular (AV) conduction system, resulting in bradycardia, which is further exaggerated by disease and medications and causes symptoms requiring permanent pacemaker implantation. More than 80% of pacemaker recipients in the United States are aged >65 years... American Heart Journal, November 11 2003.

Favorable Cardiovascular Risk Profile in Middle Age and Health-Related Quality of Life in Older Age

Conclusion: Favorable cardiovascular risk profile in middle age is associated with better quality of life and lower risk of diseases in older age. Moreover, the fewer the risk factors, the higher the quality of life... Archives of Internal Medicine, November 11 2003.
Home-Based Management of a Patient with Dementia
I have been seeing CB at home for years. Now 84, she has had progressive Alzheimer’s disease for a decade. CB was always healthy and had seen no other physician since World War II, when she worked for Boeing Corporation in the squadron of female airplane riveters known collectively as “Rosie the Riveter.” I still see posters of Rosie the Riveter, an image that came to represent early feminism with a can-do, patriotic twist...Clinical Geriatrics, November 10, 2003.

Sex and Sexuality: Is It Over after 60?
Human sexuality encompasses not only the physical act of intercourse but also various types of intimate activity, as well as the sexual knowledge, beliefs, attitudes, and values of individuals. Like younger individuals, older adults find that sexual activity provides pleasure and release of sexual tension. For older adults, sex may fulfill additional needs. Sexual activity may help maintain a sense of self-esteem and usefulness, aspects of life often diminished following retirement... Clinical Geriatrics, November 10, 2003.

Identifying Geriatric Patients at Risk for Suicide and Depression
Suicide represents a major cause of death in the United States, accounting for 31,000 deaths per year and an overall rate of 11.2/100,000 persons/year. Few realize that there is a bimodal age distribution to the suicide curve. The elderly and adolescents/young adults are the groups at greatest risk. About one-fifth of all successful suicides are committed by persons over age 65,6 with men over the age of 69 having the highest rate of completed suicide... By Ryan C.W. Hall, MD, Richard C.W. Hall, MD, and Marcia J. Chapman, Clinical Geriatrics, November 10, 2003.


Grants
To construct, renovate, expand, repair, or modernize facilities designed to promote the improvement of the health status of minority underserved communities and populations. General Services Administration
Office of Governmentwide Policy, Office of Acquisition Policy, Regulatory and Federal Assistance Publication Division (MVA)

http://www.edafoundation.org/docs/materials_and_supplies_grant_app.pdf
Dental Materials and Supplies Grant Application A partnership between the California Dental Association Foundation and the Henry Schein Cares Program. Requesting Organization Contact Information (Please type or print clearly). California Dental Association Foundation and the Henry Schein Cares Program.

http://www.hab.hrsa.gov/grant.htm
Grant Opportunities by Fiscal Year. US Department of Health and Human Services.

Heart Disease
http://www.nhlbi.nih.gov/health/prof/heart/latino/latino_pg.htm
Salud para su Corazón (For the Health of Your Heart) is an exciting new and comprehensive community-based heart-health promotion initiative from the NHLBI National Heart, Lung, and Blood Institute. It targets Latinos living in the United States. The project raises awareness of the risk factors and promotes lifestyle changes to reduce the chances of developing heart disease. NHLBI.

http://www.4woman.gov/minority/minority.cfm?page=299
Health Problems in Hispanic American/Latina Women: High Cholesterol. The National Women’s Health Information Center.

New Campaign Says "Cuide Su Corazón" to People with Diabetes: Heart Disease is Leading Killer of Hispanic and Latino Americans with Diabetes, July 22 2002 (National Institute of Diabetes and Digestive and Kidney Diseases)
Hypertension, and Stroke


An in-depth report on the causes, diagnosis, treatment, and prevention of stroke. All minority groups, including Native Americans, Hispanics, and African Americans, face a significantly higher risk for stroke and stroke death than American Caucasians. Reviewed By: Harvey Simon, MD, Editor-in-Chief, Associate Professor of Medicine, Harvard Medical School; Physician, Massachusetts General Hospital, 9/1/2003.
Stroke, Prevention and Treatment. By The National Institute on Aging Tuesday, December 16, 2003

http://www.stopgettingsick.com/Conditions/conditions_menu.cfm/120
Overview and library of articles relating to particular disease, condition, or disorder. ... Stroke? A stroke has the same relationship to the brain as a heart attack does to the heart; both result from a blockage in a blood vessel that interrupts the supply of oxygen to cells, thus killing them.

http://www.breathewell.com/Critical_Care/Stroke/stroke.html
Hispanics appear to be at particular risk for hemorrhagic strokes, possibly because of their high rates of hypertension. ... by Dr. Visokey, 06-04-2002.

Stroke, Transient Ischemic Attack, Intracerebral Hemorrhage, Subarachnoid Hemorrhage... The risk factors for stroke are age, hypertension, diabetes, hyperlipidemia, smoking, cardiac ... disease is greater in African Americans, Hispanics, and Asians than in Caucasians. ... By David Chiu, MD Assistant Professor of Neurology Director, Stroke Center Baylor College of Medicine The Methodist Hospital.

HIV/AIDS/Sexually Transmitted Diseases
http://www.omsa.uiuc.edu/clearinghouse/diseaseSum/hiv.html
The Latino population is disproportionately represented in this country's AIDS population. Sponsors.

http://www.lasculturاس.com/lib/libHIV.php
Resources for and about Latinos with HIV, or those concerned about the care of victims and prevention of the disease in the Hispanic community.

http://www.latinoaids.com/index.asp
We are a nonprofit membership organization dedicated to improving and expanding health promotion, research, treatment and other services to the Latino community through organizing, education, model program development, capacity building & training.

Hispanics and Sexually Transmitted Diseases (American Social Health Association)

HIV/AIDS among US Women: Minority and Young Women at Continuing Risk Between 1992 and 1999, the number of persons living with AIDS increased CDC (Centers for Disease Control and Prevention)
Also available in: Spanish

http://www.mckinley.uiuc.edu/health-info/sexual/stds/stds.html
HIV Infection, Testing, and Aids: Questions and Answers. McKinley Health Center - Board of Trustees, University of Illinois.

http://www.4woman.gov/minority/minority.cfm?page=210
Health Problems in Hispanic American/Latina Women: HIV/AIDS.

Protecting the Health of Latino Communities: Combating HIV/AIDS Links to PDF File(National Center for HIV, STD, and TB Prevention)

http://www.caps.ucsf.edu/Latinorev.html
What Are U.S. Latinos' HIV Prevention Needs? (Center for AIDS Prevention Studies, UCSF)
Also available in: Spanish

Black and Hispanic HIV Patients Are Less Likely to Get Experimental Medications. (Agency for Healthcare Research and Quality), Press Release Date: May 1, 2002

**HIV Infection in Minority Populations** (National Institute of Allergy and Infectious Diseases)

**HIV/AIDS Among Hispanics in the United States** (National Center for HIV, STD, and TB Prevention)
Also available in: Spanish

HIV remains a leading cause of death among Latinos in the United States, and Latinos with HIV are less likely than whites to receive early care. The Henry J. Kaiser Family Foundation.

[http://www.caps.ucsf.edu/hispanicbib.html](http://www.caps.ucsf.edu/hispanicbib.html)

**Interpersonal Relationships/Sexuality**
[http://www.mckinley.uiuc.edu/health-info/sexual/sexual.html](http://www.mckinley.uiuc.edu/health-info/sexual/sexual.html)
Healthy Sexuality. McKinley Health Center is a JCAHO accredited organization © University of Illinois at Urbana-Champaign.

[http://www.philsch.k12.pa.us/osess/accountability/sebastian.html](http://www.philsch.k12.pa.us/osess/accountability/sebastian.html)
... more wholesome family and interpersonal relationships; to help ... safe") and sexual responsibility; they provide individual counseling on family life, relationships, sexuality; they ... The school district of philadelphia office of accountability and assessment.

[http://www.ppct.org/education/guidelines.htm](http://www.ppct.org/education/guidelines.htm)
... interpersonal skills, including communication, decision-making, assertiveness, and peer refusal skills, as well as the ability to create satisfying relationships. Sexuality ... Hispanic/Latino communities ... Planned Parenthood of Connecticut.

... interpersonal skills, including communication, decision-making, assertiveness, and peer refusal skills, as well as the ability to create satisfying relationships. Sexuality ... Reprinted from Siecus Report Volume 25, Number 6 August/September 1997.

**Mental Health**

**Mental Health Issues For Latino Immigrants Are Not Being Properly Addressed.** By Ana Maria Quevedo

[http://www.urbanvoicesonline.com/Latino%20Health%20Advocates%20-%20April%202003.htm](http://www.urbanvoicesonline.com/Latino%20Health%20Advocates%20-%20April%202003.htm)
Mental Health Committee Chair, Other Elected Officials, and Community Groups Oppose Department of Health's Secret Maneuver to Select which Prescription Drugs Will be Made Available to New York's Elderly and Poor.

[http://latino.rcm.upr.edu/cmmhr.html](http://latino.rcm.upr.edu/cmmhr.html)
The Latino Research Program Project Center for Multicultural Mental Health Research. Cambridge Health Alliance-Harvard Medical School, National Institute of Mental Health.

U.S. Surgeon General Says Minorities Face Larger Hurdles Toward Mental Health Care *By Daniel DeNoon, WebMD Medical News Archive*

[http://my.webmd.com/content/article/35/1728_87643?src=Inktomi&condition=Home & Top_Stories](http://my.webmd.com/content/article/35/1728_87643?src=Inktomi&condition=Home & Top_Stories)
Minorities Suffer Most From Lack of Mental Health Care *By Daniel DeNoon, WebMD Medical News Archive*
According to the 1990 Census of population, the nonmetropolitan population of Latinos grew by more that a half million between 1980 and 1990, an increase of 30%.

By the year 2000, it is estimated that Hispanics will be the largest minority group in the US. Health Rhode Island Department of Health.


Finally, being Latino means you are a part of one or more groups that have ... meat and potatoes can be considered a staple of the US American diet. American Family web site.

Since the beginning of the epidemic, CDC has closely tracked the course of AIDS. The first cases of AIDS were identified in 1981. By 1983, 14% of AIDS cases were occurring among Hispanics. The Body web site.
Study: Latino kids plagued by health woes | Lack of insurance, poverty are factors. The San Diego Union - Tribune; San Diego, Calif.; Jul 7, 2002.

http://www.buildingblocksforyouth.org/illinois/release.html
... American or Latino, and 99% of the youth imprisoned for a drug crime from Cook County were non-White, according to a new study. The study, "Drugs and Disparity ...

http://www.nclr.org/about/nclrfaq_print.html
and 5.9% of Hispanics 12 years old and over used illicit drugs, compared to ... of the most serious and troublesome health threats affecting the Latino population. ...

... The researchers also discovered that overweight Latino children with metabolic syndrome tended to be less ... Breast Cancer Drugs Provide Similar Benefits. ...

... destination point for drug shipments and a smuggling corridor for drugs transported along ... census figures show that Atlanta is number two in Latino immigration. ...

http://home.earthlink.net/~cpalma/C1926932195/
... on Drug Abuse. In fact, one in 10 Latino youths ages 12 to 17 reported using illicit drugs in the past month. To address the problem ...

http://members.aol.com/digasa/stats14b.htm
... Black and Latino drug users cannot afford to be caught carrying either clean syringes or drugs,"

http://www.aspira.org/HIV/Mother_to_child_HIV.pdf
Mother-to-Child HIV Transmission in the Latino Community. ... for both Hispanic males and females about using condoms and avoiding drugs in order ... help secure a healthy future for the newest members of the Latino community ...

http://www.thebody.com/bp/jan98/2b_young.html
... Is alcohol and/or drugs the lethal combination that pushes bored black and Latino teenagers into the open arms of HIV-positive older black and Latino men? ...

http://www.americanheart.org/downloadable/heart/1046366143509HFLHFS.pdf

http://nchcap.unc.edu/pdfs/datadenthyg03.pdf

http://www.health.org/govstudy/shortreports/HispanicTx/
... Hispanics and Drug Use. Hispanics and Alcohol Use. Treatment Referral Sources For Substance Abuse ... US Department of Health and Human Services and SAMHSA’s National Clearing House for alcohol and drug information.

Invasive Cervical Cancer Among Hispanic and Non-Hispanic Women United States, 1992–1999 Morbidity and Mortality Weekly Report Weekly v.51, n.47 29nov02 ... Overall, the incidence of cancer among Hispanics differs from those of other U.S. population groups (8). ... source: http://www.cdc.gov/mmwr/PDF/wk/mm5147.pdf 27nov02.

http://caonline.amcancersoc.org/cgi/content/full/53/1/5
Each year, the American Cancer Society estimates the number of new cancer cases and deaths expected in the United States in the current year. Cancer Statistics, 2003. Ahmedin Jemal, PhD, DVM, Taylor Murray, Alicia Samuels, MPH, Asma Ohaforo, MPH, Elizabeth Ward, PhD and Michael J. Thun, MD, MS.

http://www.rice.edu/projects/HispanicHealth/Courses/mod2/mod2.html
... General Health Status of Hispanics. This module presents an overview of the health status of ... socioeconomic status measures; 2) access to health care; 3) infant mortality rates; …Different Sources.
Hispanics in each of the states and nationally with monitoring the Future Surveys for lifetime prevalence of tobacco, alcohol ... WebCT at UTSA, the University of Texas at San Antonio.

Information about adolescent and teen alcohol use and abuse ... report the lowest, and Hispanics fall between the two. A 1996 survey on "Teenagers and alcohol misuse" showed that out ...

Tests and Instruments
ACS/Birch & Davis Associates, Inc. LATINO HEALTH INSTITUTE, INC. – PROJECT ENCUENTRO: LATINO ASSERTIVE TREATMENT Latino Health Institute, Inc. 95 Berkeley Street Boston, MA 02116 (617) 350-6900 phone Latino Health Institute, Inc. ... Instruments and Data Management—Data sources will include outreach logs, pre/post tests, and intake ... Latino Health Institute, Inc.

http://www.caresproject.org/docs/ed/alc/disc2.htm
Information about adolescent and teen alcohol use and abuse ... report the lowest, and Hispanics fall between the two. A 1996 survey on "Teenagers and alcohol misuse" showed that out ...

http://www.fairtest.org/examarts/winter89/smithtt.htm
... leading provider of social services for the Latino community in Minnesota through its five core ... non-bias testing instruments, mental health assessments and tests, CLUES was able ..CLUES Chicanos Latinos Unidos En Servicio.

http://www.massparents.org/organizing/reportcard1.htm
Organizing a variety of assessment instruments,” including “work samples, projects ... and Latino students at twice the rate of whites. Devolve power to local schools — The MCAS tests, which ... Mass Parents.Org

Vision Disorder
Prevalence of Glaucoma in Mexicans-Americans. NEI National Eye Institute website.

http://www.ivillagehealth.com/news/vision/content/0%2C%2C418428_579406%2C00.html
Latinos at risk for diabetic eye complications. Last Updated: 2003-05-08 13:06:08 -0400 (Reuters Health)
NEW YORK (Reuters Health) - Nearly one in 10 Latinos age 40 or older has a potentially sight-robbing condition that is related to diabetes, according to a California survey released this week. However, nearly 30 percent of those surveyed were unaware they had diabetes, much less a complication that can damage sight. By: Dana Frisch


http://www.visionofchildren.com/about.html
Vision of Children working toward the eradication of hereditary childhood blindness, ocular albinism and other blindness. (article from NOAH - National Organization for Albinism and Hypopigmentation).

http://public.bcm.tmc.edu/pa/amd_facts.htm
Facts About Age-Related Macular Degeneration (AMD) AMD affects an estimated 11 million people worldwide, occurring more often in Caucasians than in Hispanics or African-Americans. Baylor College of Medicine, Houston, Texas.

http://content.ghs.org/news.asp?ARTICLE=514573
Monday, Aug. 11 (HealthDayNews)... which is blurred vision caused when the outer ... disorder, according to the study. Asian children had the highest prevalence of myopia at 18.5 percent, followed by Hispanics ...Greenville Hospital System.

http://www.vrmny.com/csc.htm
Information regarding central serous chorioretinopathy (central serous, CSC, CSR, maculopathy) ... chorioretinopathy is a retinal disorder which affects the macula. ... it to produce a macular detachment which distorts vision. ... more common in Caucasians, Hispanics and Asians than in African Americans. By Lawrence A. Yannuzzi, MD & K. Bailey Freund, MD
Neurofibromatosis (NF) is a multisystem genetic disorder commonly associated with cutaneous, neurologic, and orthopedic manifestations. Neurofibromatosis type 1 (NF1) is the most common of the conditions referred to as hamartomas. … with the latter disorder demonstrate a relative … nerve glioma than whites, including Hispanics. …May 19, 2003. By Beth A Pletcher, MD, Director of Neurofibromatosis Center, Assistant Professor, Department of Pediatrics, University of Medicine and Dentistry of New Jersey

Women's Health
http://www.4woman.gov/faq/latina.htm
Health Problems in Hispanic American/Latina Women. NWHIC National Women’s Health Information Center is a service of the U.S. Department of Health and Human Services'

Increased Risk of Dying from Pregnancy Among Hispanic Women in the United States
(Centers for Disease Control and Prevention)

http://www.cdc.gov/tobacco/sgr/sgr_forwomen/Executive_Summary.htm

http://www.naswdc.org/diversity/women/womenhealth.asp
A higher percentage of women have low pay, non-union part-time employment that generates a much lower income than do their male counterparts. As a result, women are twice as likely as men to be underinsured. National Association of Social Work.

Medication and Psychotherapy Treat Depression in Low-Income Minority Women
(National Institute of Mental Health)

Hispanic Women in Border States Less Likely to Receive Screening for Breast and Cervical Cancers (Centers for Disease Control and Prevention)
Also available in: Spanish

Latina Women's Health (National Women's Health Information Center)

Latino Women and Osteoporosis (Osteoporosis and Related Bone Diseases-National Resource Center)

New Birth Report Shows More Moms Get Prenatal Care (National Center for Health Statistics)

Women of Color Health Data Book: Hispanics (National Women's Health Information Center)

Other
http://www.thehispanicnurses.org/
Promoting Hispanic Nurses to Improve the Health of Our Communities. NAHN National Association of Hispanic Nurses.

Resources addressing the health care disparity that affects Hispanics.

Responding to Latino health issues

Racial and Ethnic Disparities in Health Status (Centers for Disease Control and Prevention)

http://elpueblo.org/programs/health/heraldsunlatinosdeprivedofcare.html
Pregnancy-Related Mortality
Hispanic, Asian/Pacific Islander, and American Indian/Alaska Native women suffer a significantly higher risk of pregnancy-related mortality than non-Hispanic white women, while black women continue to have the highest risk of all of these racial and ethnic groups. (National Center for Chronic Disease Prevention and Health Promotion) Fact Sheet, May 1 2001.

http://www.today.ucla.edu/html/000208cure.html
Shortage Of Latino Doctors. By David E. Hayes- Bautista

http://vm.uconn.edu/~Advance/04269904.htm
One of the ironies about Latino immigrants in New England is that, as a group, they tend to be healthier on their arrival to this country than they are after a few years of life in the United States. University of Connecticut, Advance, April 26, 1999.

http://www.cesla.med.ucla.edu/shortage.htm
The Latino Physician Shortage in California 1999. By David E. Hayes-Bautista, Ph.D., Paul Hsu, Robert Beltran, M.D., Juan Villagomez, M.D., Center for the Study of Latino Health, Division of General Internal Medicine & Health Services Research, UCLA School of Medicine.

Latino Culture and Health Communication. STC Society for Technical Communication, Kris S. Freeman, Public Information Specialist, University of Washington.

Spotlight on Latino Health, February 2003

Project aims to improve Latino health. By Kate S. Peabody. September 2003, The Times

http://www.health.state.ri.us/chic/minority/lat_eul.htm
The purpose of this handout is to help you understand some of the features of Hispanic/Latino American culture and issues surrounding Hispanic/Latino American health by presenting a broad picture of cultural facts and experiences. Rhode Island Department of Health


http://www.ncrl.org/policy/health.html
Hispanics suffer a greater incidence of some highly preventable diseases, such as HIV/AIDS, tuberculosis, diabetes, cardiovascular disease, and breast and cervical cancers, than other U.S. groups. 2003 National Council of La Raza web site.

http://www.lapublichealth.org/spa7/docs/LatinoFactSheet.pdf
County of Los Angeles – Department of Health Services Public Health 2003- Latino Health Issues – Fact Sheet

http://www.cdc.gov/od/oc/media/pressrel/fs020514b.htm
Racial and Ethnic Disparities in Health Status. Despite great improvements in the overall health of the nation, a disproportionate number of Americans who are members of racial and ethnic minority groups lack access to or, for a host of reasons, fail to receive adequate preventive health services. CDC Centers for Disease Control and Prevention.

Hispanics and Sexually Transmitted Diseases. ASHA American Social Health Association Fact Sheet.

http://www.hispanicmagazine.com/2000/may/LaBuenaVida/
The habits of the Latino heart-family and diet, religion, work, and culture-make for a profile that results in healthier and longer life," says Hayes-Bautista ... Hispanic Magazine - May 2000 La Buena Vida Lifestyle Hispanics.

DHS. CPNS. Latino. Research
69% of Latino adults believe that what they eat and drink has an effect on whether ... 84% of Latinos said "not being in habit of eating a lowfat diet," 80% said ...

http://elpueblo.org/programs/health/heraldsunlatinosdeprivedofcare.html

http://www.prevention.org/LPNSite/LPNsite.html
The Latino community in Illinois is in crisis. Drugs, alcohol, tobacco, sexually transmitted diseases, teen pregnancy, and crime are ravaging our rich traditions of family and faith. Latino Prevention Network web site.

For people in the Latino community, illegal drugs and the drug trade are woven into the pattern of life -- affecting relatives, friends, loved ones. By Barbara Renoud-Gonzales, 11-24-97.

http://www.lindesmith.org/race/educationvsi/
Although White youth sell and use drugs at the same or higher rates as youth of color,(1) Black and Latino youth are arrested, prosecuted and imprisoned. Drug Policy Alliance web site, Lani Guinier.

Sex, alcohol use, and suicide attempts are rising for Hispanic youth at the same time rates of risky behavior decline for other ethnic groups. By Kent Davis-Packard.

http://www.lpnonline.com/eWebPages/Featured-Articles_id%2C1011738223%2C2001.eWeb
Latino Health: California's Challenge - by Robert A. Beltran, MD, MBA. LPN Latino Professional Network.

www.bcbshealthissues.com/proactive/newsroom/release.vtml?id=40366&PROA...
“a disparity in healthcare coverage between Hispanics and cancer patients from all other ethnic groups.” April 9 2003, BCBS Blue Cross Blue Shield Association.

http://www.applesforhealth.com/cancerminor1.html
... Asian/Pacific Islanders, Hispanics/Latinas, and American Indian/Alaska Natives for these and other cancer sites. ...All About Black Health.

http://sfgate.com/cgi-bin/article.cgi?f=/c/a/2003/10/07/MN41463.DTL
THE CALIFORNIANS / How people from all walks of life feel about the recall. Today: Latinos / Latino voters may hold key to the outcome. Tuesday October 7, 2003, San Francisco Chronicle.

http://www.latinoexpo.net/
Latino Expo offers a full day of Workshops, Family Health Forums and Checkups, Dental Screenings for Children, Cultural And Educational Programming for the Entire Family, Beauty Makeovers, Free Food, gifts and samples, and a Special Exhibit of Cuban. New York Post.

http://www.charleston.net/stories/051203/sci_12hispan.shtml
Hispanics struggle with barriers to health care. By Alejandro Bodipo-Memba, Knight Ridder Newspapers Story last updated at 7:25 a.m. Monday, May 12, 2003

http://www.cmwf.org/media/releases/doty592_release02272003.asp

http://www.epi.umn.edu/let/causes.html
CAUSES OF HEALTH DISPARITIES Access to and Utilization of Health Care Income and educational attainment on average are lower for ethnic/racial minority groups. ... Whites lead both African Americans and Hispanics in educational attainment.

http://www.abqjournal.com/opinion/guest_columns/guesta07-30-03.htm