

INTERNAL MEDICINE @ NJMS

“OUR INCLUSIVENESS IS INTENTIONAL BECAUSE EXCELLENCE REQUIRES A DIVERSE COMMUNITY...”

OFFICE FOR DIVERSITY AND COMMUNITY ENGAGEMENT | FALL 2018



Analise Douglas, MD

Resident

As a nine-year-old in Mississippi, I was quite unsure of my future career. It wasn't until going on a mission trip in my junior year of high school that I realized I loved caring for people and building rapport with them – and that a career in medicine would allow me to do that. I treasured the thought of serving individuals at a time when they were most vulnerable. During medical school at the University of Mississippi, I had the opportunity to work with a wonderful Internal Medicine physician who exemplified everything that I wanted to be. She inspired me and showed me that my personality and unique experiences could help shape my style of patient care. I came to Rutgers NJMS because I wanted to have exposure to complex and advanced diseases and wanted to be both competent and confident in the practice of medicine. I am so happy to be here!

Alejandro Silva, MD

Resident



I was born in Venezuela and my family moved to the United States when I was eight years old. I remember struggling my first few months living here; not knowing the language, missing familiar foods, and being away from my extended family. New Jersey became my family's new home. I attended Rutgers University as an undergraduate, and Auburn University for graduate school where I received my Master's in Animal Science. Being a medical student at Rutgers NJMS gave me the opportunity to work with patients from diverse backgrounds, including many from immigrant communities. These patients face multiple challenges when interacting with the healthcare system. When I work with them, I try to remember what it felt like when I first moved to the United States. I feel a strong bond with NJMS and am thrilled to continue my training in Newark.



Eman Rashed, MD

Resident

In the lengthy years of training, it's easy to forget why you chose to go into medicine. We get so caught up in the evaluations, the schedules, and thinking about the “next step” that we forget how much good we can do right now. To be able to help people, to utilize our training for the purpose of easing the suffering that is rampant in the world, is an immense gift and responsibility. My participation in a mission trip to Jordan in 2015 left me with a renewed sense of purpose, a fresh dedication to my craft, and a larger perspective on what it means to be a physician. The faces and the stories all live on in my mind. I wasn't sure how much I could give to my patients, but that didn't matter. I did my best, and they gave me so much more in return.

Ranyelenu Efobi, MD

Resident



I was born in London, England, but my parents moved the family to Nigeria right before I started school as they wanted us to learn about our African culture, which played a huge part in shaping me into who I am today. I worked in a retail pharmacy for many years but realized I had a desire and love for clinical medicine. With the support of my husband and 3 children, I decided to pursue my dream of medical school. From the beginning of medical school at Albert Einstein College of Medicine, I knew that I wanted to be involved in the total care of the patient. This led me to pursue a residency in Internal Medicine. My decision to come to Rutgers NJMS was an easy one – I wanted to be back home in New Jersey, but more importantly, I wanted a program that would give me the best possible training and exposure to different types of pathology and different hospital systems and settings. I am grateful to be surrounded by such friendly and supportive people.

About Rutgers New Jersey Medical School

Rutgers New Jersey Medical School (NJMS) is part of Rutgers Biomedical and Health Sciences, one of the country's largest academic health centers. NJMS is dedicated to excellence in education, research, clinical care, and community outreach. Some pertinent facts:

- NJMS has 20 academic departments and many world-renowned scientists and doctors.
- In 2015, NJMS was named #1 in the state for NIH funding.
- NJMS is located in Newark, NJ, where African Americans, Hispanics, Native Americans, and Asian/Pacific Islanders comprise more than 90 percent of the city's population and face many socioeconomic, educational, and health challenges.
- Underrepresented minorities made up 23 percent of the medical school's enrollment in 2017-2018.
- NJMS ranks in the 80th percentile for underrepresented minority graduates and 85th percentile for minority faculty, according to the 2014 AAMC Missions Management Tool.