

## Your SWP

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Medical School can be viewed as a challenging experience.

In recognition of this, Student Wellness services are available to students to assist them in adjusting to the stressors and pressures of higher education. Areas that the SWP can help with include, but are not limited to:

- School related stress/anxiety
- Problems with relationships
- Family issues
- Test taking anxiety
- Alcohol, drug use
- Personal problems
- Eating disorders

The SWP provides assessments, counseling and referral services. A telephone call will put you in touch with our staff who will assist you in making an appointment at one of our offices. Telehealth and evening hours are available.

(030)

Rutgers - University Behavioral Health Care

### STUDENT WELLNESS PROGRAM

#### **Piscataway Campus:**

Rutgers-University Behavioral Health Care  
Student Wellness Program  
242 Old New Brunswick Rd., Ste 330  
Piscataway, NJ 08854  
*and*  
671 Hoes Lane  
Piscataway, NJ 08855  
(732) 235-5933

*Psychiatrist Available*

#### **Stratford/Camden Campus:**

Rutgers-University Behavioral Health Care  
Student Wellness Program  
One Echelon Plaza, Suite 101  
227 Laurel Road  
Voorhees, NJ 08043  
(856) 770-5750

*Psychiatrist Available*

#### **Newark Campus:**

Rutgers-University Behavioral Health Care  
Student Wellness Program  
183 South Orange Avenue  
Newark, NJ 07103  
(973) 972-5429

*Psychiatrist Available*

**For emergencies after 5 p.m. or on weekends, call 1-800-327-3678**

RUTGERS HEALTH



# Student Wellness Program

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