# CARES DAY 2011 Sunday August 7 9 AM - 3 PM

share

SHARE, the largest community service organization at NJMS, invites you to join your fellow classmates in an organized group volunteer activity----your first opportunity to meet new people in a relaxed atmosphere and serve the community at the same time. T-shirts will be handed out to all participants! We hope to see you there!

Please RSVP by August 1 on the enclosed <u>order</u> <u>form</u>

### WE WANT TO SEE EACH OF YOUR SMILING FACES AT ALL OF THESE EVENTS:

**BBQ** Monday, August 8<sup>th</sup> NJMS Courtyard

Happy Hour | Monday August, 8<sup>th</sup> Zeppelin Hall Biergarten, Jersey City

North Arlington Bowl | Tuesday, August 9<sup>th</sup> 8 PM, North Arlington, NJ

> **Trivia** | Wednesday, August 10<sup>th</sup> 5 PM, 1<sup>st</sup> year Lecture Hall Pizza Provided

Movies Under the Stars | Wednesday, August 10<sup>th</sup> 8:15 PM, Pier A Park, Hoboken Despicable Me

### **Useful Websites:**

The Heinrich Maneuver http://www.theheinrichmaneuver.net/2011/

Incoming Students http://njms.umdnj.edu/education/student\_affairs/incoming/

#### **Orientation Coordinators:**

Andrew DeMaio Radha Govindraj Leia Rispoli demaioaj@umdnj.edu govindr1@umdnj.edu rispolle@umdnj.edu

### **CALM Mentor Coordinators**

Meghan McCormick Parimal Patel mccormmc@umdnj.edu patel290@umdnj.edu



# NEW JERSEY Medical School

University of Medicine & Dentistry of New Jersey

# Class of 2015 Orientation August 8 - August 12

P Activities

Event RSVP form ~~due August 1st~~

## NJMS Orientation committee

**Class of 2015 Orientation** 

### Activities and Events Order Form ~~Return by August 1, 2011~~

First Name: \_\_\_\_\_\_ Last Name: \_\_\_\_\_\_ F-mail:

SHARE Cares Day: Sunday August 7th			
	Yes	No	
Attending?			
If you are attending	XS S N	1 L XL	
T-shirt Size?	XXL		

Bowling: Tuesday August 9 <sup>th</sup>			
	Yes	No	
Attending?			

Dinner at Mediterranean Manor: Thursday August 11 <sup>th</sup> Check payable to NJMS Student Council				
	Number	Price	Subtotal	
Adults		\$30		
Children (Age 6 – 11)		\$15		
Children (Age 3 & under)		Free		
Total				

Payment for Bowling and the White Coat Dinner can be made with a single check payable to NJMS Student Council. Please return order forms by August 1, 2011 in the enclosed postage paid envelope or mail to: New Student Orientation c/o Office of Student Affairs 185 South Orange Avenue, C648 Newark, NJ, 07103

# WHITE COAT DINNER IBERIA 82 FERRY STREET NEWARK NJ 07105 THURSDAY AUGUST 11 6:00 PM

We enthusiastically welcome you to join your fellow students, families and friends to celebrate the beginning of your career in medicine! Newark's Ironbound section is home to the finest Portuguese and Spanish cuisine. Iberia is one of the oldest and best spots in the area!

Go ahead and take a peek at the delicious menu created for you below. You don't want to miss the opportunity to try it all at the amazing buffet awaiting you after the White Coat Ceremony. Iberia offers a warm and inviting banquet hall ready to be filled with the company of your family, friends and colleagues all enjoying the evening together.

## Iberia Dinner Menu

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intrees	Vegetarian Entrees	
hrimp in Garlic Sauce	Pasta Primavera	
eafood Paella	Sauteed Mushrooms w/ Potatoes &	
ortuguese Roast Beef	Carrots	
ortuguese Roast Pork	Baked Ziti	
ortuguese Sausage Flambe	Desserts	
urkey with Bacon	House Desserts	
ried Calamari	Fruit Basket	
ilet of Salmon w/ Shrimp Sauce	Cheesecake	
hicken Marsala	Flan	
ides	Drinks	
lixed Vegetables	Soft Drinks	
oasted Potatoes	Water	
įce	Coffee	
ossed Salad	Tea **Cash Bar available**	

### BOWLING NORTH ARLINGTON BOWL 200 Schuyler Ave North Arlington NJ 07031 TUESDAY AUGUST 9 8:00 PM Transportation provided from MSB

After another long (yet exciting) day of NJMS orientation and a thrilling afternoon of teambuilding...why not kick back at North Arlington Bowl? Challenge your new friends to a game on the bowling lanes or maybe hang out by the pool table. But what if you are just plain starving and all you can think about is your stomach? Not to fear, there's an extensive selection of food to be found here too!

What a great opportunity to relax and mingle with more of your classmates...for FREE!!! Go ahead and check off the box for attending (so we can arrange transportation) and we will see you there!



SPONSORED IN PART BY THE ALUMNI ASSOCIATION, AMA AND MSNJ