Policy on Scheduled Hours for Pre-Clerkship Student Curricular Activities

This policy is enacted to provide a statement of the expectations that govern the hours of scheduled activities for NJMS students during the pre-clerkship years of their undergraduate medical education.

Medical students in the pre-clerkship years of their education should have, on average, no more than 25 hours of scheduled educational activities as indicated on official NJMS calendars (such as the course calendar or block schedule). This expectation includes, whether mandatory or not, all lectures, small groups, PBL, TBL, POPS, labs, dissections, TOSCEs, OSCEs, examinations or other assessments, and any other form of scheduled educational activity. This expectation does not include study undertaken by students, individually or in groups, that is not a scheduled curricular activity. It is understood that an occasional week may entail more than the expected 25 hours, but the schedule of activities should not exceed 28 hours for any given week.

In rare circumstances, moderate exceptions to these limits may be made, when scheduled hours have been assigned for review of administrative processes and procedures, or for presentation of other non-assessed content. Examples might include orientation week, or a week with scheduled wellness activities, presentation of computer software used in learning management or assessment, or other presentations of non-curricular content.

(Note: the Policy on Medical Student Duty Hours governs the hours of activities for NJMS students during the clerkship years.)

This policy was approved by the Committee on Curriculum and Academic Programs and Policies on 6/19/19 and by Faculty Council on 7/2/2019