

MEDIA ADVISORY

FOR IMMEDIATE RELEASE
October 20, 2016

Rutgers New Jersey Medical School to Host Urban Mental Health Conference

Newark, NJ – Rutgers New Jersey Medical School's (NJMS) Department of Psychiatry will host their 2016 Urban Mental Health Conference focusing on wellness and resilience. During this conference, attendees will review the latest research on burnout and wellness in health care providers, learn about various evidence based interventions to foster wellness and develop practical skills that can be readily applied to a person's professional life.

Speakers include: Peter J. Economou, PhD, ABPP, James Hill, PhD, Saba Afzal, MD, Alexandra Berliner, MD, Philip Bonanno, Danilo Been Carrasco, MD, Jose Medina and Uma Raman. Welcome remarks from conference directors, Petros Levounis, MD, MA, Chair of Psychiatry, and Rashi Aggarwal, MD, Associate Professor of Psychiatry at NJMS.

Learn more information by viewing the [Urban Mental Health Conference brochure](#).

What: Urban Mental Health Conference 2016

When: Friday, November 4, 2016
7:30 a.m. – 3:00 p.m.

Where: Rutgers New Jersey Medical School
Medical Science Building, Room B-552
185 South Orange Avenue
Newark, NJ 07103

About Rutgers New Jersey Medical School (NJMS)

Celebrating over 61 years of service, NJMS was founded in 1954 and is the oldest school of medicine in the state. Today it is part of Rutgers, The State University of New Jersey and graduates approximately 170 physicians a year. In addition to providing the MD degree, NJMS offers MD/PhD, MD/MPH and MD/MBA degrees through collaborations with other institutions of higher education. Dedicated to excellence in education, research, clinical care and community outreach, the medical school comprises 21 academic departments and works with several healthcare partners, including its principal teaching hospital, University Hospital in Newark. Its faculty consists of numerous world-renowned scientists and many of the region's "Top Doctors." Home to the nation's oldest student-run clinic, NJMS hosts 27 centers and institutes, including the Public Health Research Institute Center, the Global Tuberculosis Institute and the Neurological Institute of New Jersey. In 2015, NJMS was named the #1 NIH funded institution in the state of New Jersey. Rutgers University is celebrating its 250th anniversary.