

MEDIA ADVISORY

FOR IMMEDIATE RELEASE

Healthy Living Initiative Program Will Host Empowerment Workshop

Newark, N.J. - On Tuesday, August 19, the New Jersey Medical School's (NJMS) Healthy Living Initiative (HLI) program will continue their ongoing Wellness Series with an empowerment workshop titled "Healthy Body Healthy Life" with facilitator Dee Marshall. This workshop is open to HLI program participants touching on topics of advancing life skills, self-awareness, and empowerment.

The HLI program is designed as a systems' intervention, addressing behavioral, cultural, social and structural barriers to healthy living, particularly among young children living in low-income neighborhoods. Led by Dr. Hanaa Hamdi, associate professor in the Department of Family Medicine at NJMS, and a panel of expert advisory board members have successfully implemented several feasibility components of HLI.

Event: Healthy Body Healthy Life Empowerment Workshop

Where: Department of Health Building
110 Williams Street, Room 205
Newark, N.J. 07102

When: Tuesday, August 19, 2014 at 4:30pm

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Celebrating its 60th anniversary, **Rutgers New Jersey Medical School** was founded in 1954 and is the oldest school of medicine in the state. Today it is part of Rutgers, The State University of New Jersey and graduates approximately 170 physicians a year. In addition to providing the MD degree, the school offers MD/PhD, MD/MPH and MD/MBA degrees through collaborations with other institutions of higher education. Dedicated to excellence in education, research, clinical care and community outreach, the medical school comprises 22 academic departments and works with several healthcare partners, including its principal teaching hospital, The University Hospital. Its faculty consists of numerous world-renowned scientists and many of the region's "top doctors." Home to the nation's oldest student-run clinic, New Jersey Medical School hosts more than 50 centers and institutes, including the Public Health Research Institute Center, the Global Tuberculosis Institute and the Neurological Institute of New Jersey. For more information please visit: njms.rutgers.edu.