The Addiction Casebook

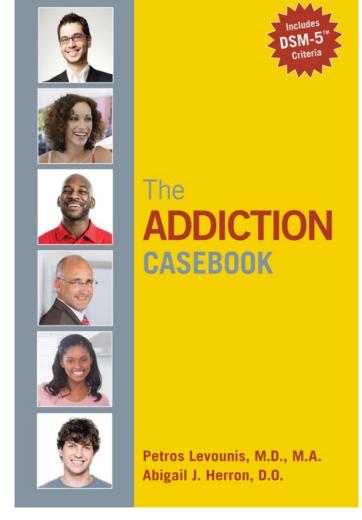## Petros Levounis, M.D., M.A., and Abigail J. Herron, D.O.

The Addiction Casebook presents 12 patients with DSM-5 addiction diagnoses—plus one experiencing problematic Internet use—and illustrates practical and successful strategies for diagnosing and treating these patients. The book's cases are analogous to those that clinicians commonly encounter in their everyday practice and effectively demonstrate the intersection of addiction with other psychiatric diagnoses. The experience and clinical wisdom of three generations of addiction specialists are distilled into a single volume that includes the most salient ideas and treatment suggestions for clinicians.

The *Casebook* lays out realistic and effective strategies to diagnose and treat patients with addictions ranging from alcohol and caffeine to gambling and problematic Internet use and includes multiple-answer questions at the end of each chapter designed to strengthen readers' knowledge. The volume, which calls on the experience and clinical wisdom of three generations of addiction specialists, also elucidates the intersection of addiction and other psychiatric diagnoses.

This informative, practical volume strikes a colloquial, and sometimes humorous, tone. General psychiatrists and psychiatric residents seeking to gain expertise in and an understanding of addiction will find it a delight to read, as will a diverse audience of family practitioners, internists, pediatricians, medical students, allied professionals, and anyone interested in sharpening her or his clinical skills.

The book is the first to cover the diagnosis, assessment, and treatment of substance use disorders and other addictions within the DSM-5™ framework. Its many valuable and helpful features include:

- An outline of the progression in thinking about psychiatric diagnoses with the move from DSM-IV-TR® to DSM-5™.
- Descriptions of hands-on experience with the current diagnosis and treatment of substance use disorders and other addictions that complement substance abuse textbooks and bring the material to life.
- Coverage of such subject areas as alcohol, caffeine, cannabis, hallucinogen, inhalant, opioid, sedative, hypnotic, anxiolytic, stimulant, tobacco, gambling, and Internet addictions.
- Key points and multiple-answer questions at the end of each chapter that highlight the chapter's most pertinent takeaways and apply and strengthen readers' knowledge of chapter information.
- Extensive use of tables, figures, charts, and other instructive materials to illuminate and clarify addiction concepts.

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