

Resident Connections Quarterly

Rutgers NJMS Internal Medicine Residency Program

Volume 7, Issue 4

Spring 2016

Doctor's Day! A Day of Celebration

By Luke Chong and Aileen Tlamsa

Occasions such as Mother's Day, Father's Day, and other appreciation days such as Teachers' Day and Nurses' Day give us a chance to show our appreciation for those who make a difference in our real-world, academic, and professional lives. Doctors' Day, which falls on March 30 in the United States, places us in a unique position to be the recognized and celebrated individuals. This date marks the anniversary of the first application of anesthesia in surgery by Dr. Crawford W. Long of Jefferson, Georgia in 1842; the observance was later proposed by Eudora Brown Almond, wife to Dr. Charles B. Almond, and first observed on March 30, 1933 in Winder, Georgia.

While the original observance of Doctors' Day involved gestures such as mailing cards to doctors and their wives, and placing flowers on the graves of deceased physicians, hospitals and members of the healthcare community celebrate Doctors' Day in various ways. Food is often a central and essential part of the day, as was the case at University Hospital where the Internal Medicine Residents and rotating colleagues from other departments enjoyed a generous pizza luncheon. Future Chief Joe DeRose provided the opening remarks and recognition for each resident's efforts towards patient care and the growth of our program, while Shay Pierre-Antoine contributed upbeat tunes to liven up the room. The occasion provided a welcome break for those on busy floor rotations and even the tireless individuals in the Medical ICU down the hall.

Over at the VA, there was quite the celebration of Doctor's Day, with live music in the main auditorium and lectures on nonpharmacological pain management techniques. The VA is always proud to celebrate Doctor's Day. Did you know that the VA trains 70% of doctors currently practicing in the United States? Well, of course you can't have a celebration without some good cake to warm up your March belly, and our VA residents did just that!

Up at our north campus in Hackensack, there was also an ongoing Doctor's Day celebration, with pizza, cake, cookies, and an assortment of pink striped and polka dot straws that were mandated to be used! Perhaps the only calories burned that day were by the belly laugh, mostly generated by third year resident storyteller John Kileci. But the most important celebration up at Hackensack on March 30th 2016 was not Doctor's Day, but instead the birth of the long awaited Amelia Dorothy Kern! Congratulation to Chief Resident John Kern and his lovely wife Corrine Kern on their beautiful daughter! Now the question is....who will she take after?

The winner of the tastiest Doctor's Day cake is yet to be determined!



*"Don't count the days.
Make the days count."*

~ Muhammad Ali



In Celebration
of Doctors...

Happy Doctors' Day!

In This Issue:

- Doctor's Day1
- Golden Apple.....2
- March Madness.....2
- Separated at Birth2
- Who's Who.....3.4
- NJMS Match Day4
- Mission to Haiti.....5
- In House Connections.....5
- Travel.....6
- Career Night.....7
- Ultrasound Curriculum.....7
- Face Swap.....7
- Image Challenge.....8

March Madness! By Rishabh Gulati

Single blind randomized drafting. 30 questions. 5 awesome teammates. 2 days. Conclusion: Lots of fun ($p < 0.05$)! Aply named after the European hare mating season, when bucks compete for their elusive females, the competition was bound to be intense. (What? You say NCAA??) Few things excite you more during residency. With the display of educated guesses at its finest (added with a little bit of knowledge), March Madness was a recreational escape at noon. Such level of concentration was probably last experienced (at least by me) during Step 3 and UH night float.

When the results came in, it felt like one of those Steve Harvey moments. After all it was April 1st. Whether it was a heightened level of mental power required to function at UH or a mere coalescence of flukes, one will never know. From an array of EKGs to questions about obscure radiology eponyms, our best estimates made for some wholesome team entertainment. Sandra Aleksic, with her collective knowledge rivaling 10 residents, was a worthy winner of the individual competition. She is probably enjoying her Netflix gift card on an erudite documentary. As for team UH, we eagerly await our grand prize! Congratulations to the victors on Team UH: Dan Matassa, Jason Conway, Brijesh Patel, Israel Saramago, and myself, Rishabh Gulati. Until next year...it's never lupus!



Separated at Birth...

One, a young lad who hails all the way from the Emerald Isle, Dublin at that, and the other, an exuberant young man who left the greater Boston area just to walk the streets of Newark. Look closely.... Are they separated at birth? Or do they just simply share a love for ties from 1997 with a certain enigmatic talking dog? You decide...



Golden Apple By the Chiefs

On March 26, Golden Apple was held at Mayfair Farms in West Orange. Golden Apple is a ceremony organized by the NJMS Student Council to celebrate administrative staff, professors, attendings and residents who have helped enhance the teaching and education of the medical students. It was very well attended by many different professors, attendings and residents of all different subspecialties. From scrubs to elegant formal wear and from the hallways of University Hospital to the gorgeous banquet hall, it was great to see faculty and peers outside of the hospital setting.



As usual, the Department of Medicine was well represented with 43 nominees from these departments! Winners included Dr. Fayngersh (Class of 2017 Faculty Winner), Dr. Cennimo (SFHCC Attending Award), Ahmad Yousaf (Class of 2016 Resident Winner), Praveen Ranganath (Class of 2016 Resident Winner) and Priya Patel (Class of 2017 Resident Winner). Overall, the night was filled bonding with the medical students and staff, indulging in delicious food and dessert and sharing some great laughter with residents from different departments. The tremendous number of residents and faculty who were nominated for the Golden Apple is a testament to the teaching value of our institution. Congratulations to all the nominees and winners!



Who's Who: Dr. Ameer Patrawalla

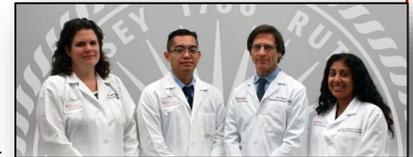
By Aileen Tlamsa



The representation of female physicians in leadership positions runs strong in the Rutgers New Jersey Medical School Department of Medicine, stemming from core values of equality and opportunity exhibited so exquisitely by the long list of women faculty members. The Division of Pulmonary & Critical Care is no exception, with Dr. Anne Sutherland as the Director of the Medical Intensive Care Unit at University Hospital, and Dr. Ameer Patrawalla as the Pulmonary & Critical Care Fellowship Program Director at Rutgers NJMS. Dr. Patrawalla is an enthusiastic leader, bringing excitement to her program through her love of medicine.

This love of medicine did, in fact, start at a young age. It is hard not to appreciate medicine with two physician parents, her father a cardiologist, and her mother a psychiatrist. Born in the neighboring town of Irvington, NJ, and later moving to Chatham, NJ, she is a true New Jersey native. She left the area to attend Brown University to earn her Bachelor's Degree, and she promptly moved on to attend Mount Sinai School of Medicine, where she was awarded a degree in 2000. Fascinated with respiratory physiology, infectious diseases, and management of critically ill patients, she naturally gravitated towards residency in Internal Medicine, training at Boston University. She couldn't stay away from the excitement of the Tri-State Area for too long, as she pursued a fellowship in Pulmonary & Critical Care, as well as a Masters in Global Public Health, at New York University.

Pulmonary & Critical Care, fondly called "Pulm Crit" by aficionados, has become quite the hot ticket when it comes to subspecialty choice. Dr. Patrawalla knows this, and although it was not always this way, she recognizes the allure. Residents can be enticed by the excitement, the chaos, the procedures, the constantly changing dynamics and statuses of your patients, and, hopefully, the opportunity to share difficult times with patients and families at the end of life. "There is a glamour to [Pulm Crit], the excitement and the fast pace. But there are also many misconceptions, one of which is the notion that you don't have to do any social work in the ICU. I think that the attendings and fellows often buffer the brunt of this, particularly in difficult cases." The intensity also affects trainees very differently, and Dr. Patrawalla encourages residents to be honest with themselves. "You have to ask yourself, do I enjoy taking care of patients who are extremely complicated, at the end of life, at their absolute sickest, spending long, tedious hours at the bedside? Or is it too challenging? If the panic you encounter during the ICU rotation doesn't go away with time, then it is probably not the right field for you. But if you thrive in these situations, then Pulm Crit should be a specialty to consider."



Dr. Patrawalla also implores interested residents not to forget the importance of respiratory physiology and ventilator management. Rotating in the ICU is not just about getting to do procedures; there is the extremely important and sometimes elusive art of ventilator management: the when, how and why questions about weaning patients off the machine. "You should love tweaking in the ICU, vent settings, drips, pressors..." as it is part artful bedside management, being able to witness how your changes are affecting the patient's progress. She and Dr. Sutherland have discussed how they often miss the bedside ICU nursing flowsheets, getting that tangible experience of looking at the vitals, medications, input/output. But a career in Pulmonary &

Critical Care may not be destined for running your own unit. Dr. Patrawalla relays that many PCCM physicians may choose to do sleep medicine, outpatient pulmonary, or SICU/CT ICU consultation as a career, so currently there are several options for those interested.

Although bedside critical care medicine is one of Dr. Patrawalla's career passions, most of us know Dr. Patrawalla for her phenomenal work at the Global Tuberculosis Institute (GTBI), where she has worked alongside Dr. Alfred Lardizabal in treating TB patients from a wide region covering Northeast New Jersey, to New York City, to Maryland. Appointed as Medical Director of GTBI in 2009, she has worked tirelessly, participating in patient care, educational opportunities, consultations from afar, research, public health opportunities, as well as monthly virtual case conferences, typically discussing complicated Multidrug-Resistant Tuberculosis (MDR TB). Thankfully, she reports, we have only a handful of resistant cases in New Jersey, mostly in patients with HIV. Admittedly, TB is still a huge public health concern globally, but significant progress has been made in the United States, thanks to groups like GTBI. Mostly all GTBI patients who receive directly observed therapy (DOT) receive their medications at home, with the assistance of field workers. Without them, she admits, much of the progress we have seen in New Jersey towards TB prevention, education of patients and families, and improved personalized TB care would not have been possible.

So, yes, Dr. Patrawalla has quite a full plate between running a fellowship program, seeing patients, and working at GTBI, but her family life is paramount. With her two beautiful daughters, Raina (4 years old) and Laila (9 months), she and her husband Jason are now enjoying the excitement and fast pace of parenthood!

Words of advice to our current medicine residents? "Find something you are interested in and make an extra effort. Now is the time to explore. If it is a field you enjoy, you will enjoy your work." Well said!



Who's Who: Power Couple!

Elena Dolmatova & Kasra Moazzami

Kasra was born in Iran in a family of a mathematician. His fate was determined when he was just a few years old. At that time his family spent several years in the US while his father was doing his PhD. This is when it became clear that he had to become a doctor and had to become a doctor in America. Life around him was full of temptations and activities to be sacrificed for this goal. When he was small he wanted to play computer games, but he had to study. Later he wanted to hang out with his friends, but he had to get into a good school. During his teenage years he wanted to date girls, but the national exam was not a joke and again he had to study day and night. His hard work paid off and he ranked 110th in the whole country on the national exam which allowed him to be accepted to Tehran University, the top ranked medical school in the country. Pressure was still on. While his parents did not stop him from watching TV or dating girls anymore, he himself was working double in order to keep up with his studies and do research at the same time. As a result of his scientific achievements he was offered a prestigious opportunity to obtain an MPH degree at Tehran University.

After graduation Kasra started to look for a research position in the US and pretty soon got an offer from the Massachusetts General Hospital in Boston.

Elena was born in Russia to a family of physicists specializing in electromagnetism. Perhaps this is in part why she always wanted to become a doctor. Her parents, however, never tried to influence her decisions and supported almost any of her crazy ideas, finances permitting. First, at the age of 6 she decided to get admitted straight to the second grade of the elementary school to be taught by the teacher she liked. After a three month crash-course on handwriting with her father she passed the exam and to everyone's satisfaction got into the class of her favorite teacher. At the age of 9 she went to the Conservatory for a concert and got an idea that she wanted to learn music. Her parents supported her here as well. After a month of preparation she passed the entrance exam to the evening musical school. She graduated both high-school and musical school with honors and came back to her long-standing dream of becoming a doctor. Competing with the best students in the country she was accepted into the number one university in Russia, the Moscow State University. She was studying and doing research when she visited the U.S. during one of her vacations. While volunteering at Columbia

University she was offered a post-doctoral position at Harvard University upon her graduation from Medical School. As sad as they were about their daughter leaving for another continent, her parents supported her here as well. She spent seven long years at Beth Israel Deaconess Medical Center and Massachusetts General Hospital doing basic science research in cardiology. Somehow, she did not win a Nobel prize, but did win a few smaller awards and published a number of papers of various significance in the field.

How did these two people meet? They met while doing research at Massachusetts General Hospital. Nothing is more romantic than trying to fix a broken piece of equipment together. Sweating over a needle-puller, they started talking and it turned out that they both were studying for the USMLEs. Studying together made their hearts beat in unison. Taking full advantage of Kasra's focused studying techniques they passed the Steps and couple-matched at Rutgers University. They chose Rutgers because they knew that they would get invaluable exposure and training in this program. Also just before starting residency they had a daughter, Nina. But that is a completely different story...



NJMS Match Day 2016

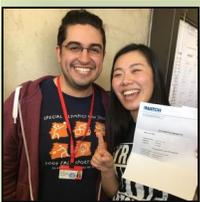
By the Chiefs

March 18th, 2016, was a day of joy and celebration for many young student doctors across the country. Rutgers NJMS was no exception, as our medical students were excited to cheer and congratulate each other on their outstanding accomplishments!

The Internal Medicine program at Rutgers NJMS was delighted to welcome several NJMS grads to our Categorical program: Sarah Abbassi, Adaugo Ike, Larrisha Love, Sheena Rastogi, and Laura Rotundo! We also welcome our NJMS Preliminary residents: Nicole Brand, Stephen Calabrese, David Convissar, Ann John, Brian Kim, Shiv Patel, Basil Patel, Andrea Perales, Ahmed Sheikh, and Royce Shou! A great big welcome to all!

Not to be left out, Israel Saramago, former NJMS grad, now NJMS Preliminary resident and future radiologist at the University of North Carolina, was representing in true NJMS fashion. But most importantly, he was there to celebrate with his fiancée, Enid Sun. She undoubtedly matched at her number one choice, which was naturally the University of North Carolina to be with Izzy, and the couple is ecstatic! Before they fly down below the Mason Dixon line, they plan to be married at the end of May! Quite a busy year!

So another successful NJMS Match Day has come and gone. Congratulations to all of the NJMS medical students and best of luck in your residency journeys!



My Medical Mission to Haiti

By Natasha Piracha

In January of 2010, a 7.0 magnitude earthquake struck Haiti, killing more than 160,000 and displacing close to 1.5 million people. Tragedies have a way of disappearing from our minds, although their effects on the population are everlasting. I was humbled to spend a week with IMANA (the Islamic Medical Association of North America) on one of their quarterly trips to Miragoane, Haiti, a rural village about two hours from the capital, Port au Prince. Going there was a reminder of how needed medicine and its professionals are, while also recognizing our limitations and shortcomings.

The majority of our patients were coming to the clinic for, similar to our patient populations, chronic medical conditions. Chief complaints varied from a year of pain, to two years of sore throat or months of abdominal pain. As you speak to the adults and children, you recognize that medicine is not all that different in other countries. Patients have poor diets; in NJ it's poor food choices, while in Haiti it's the lack of protein and proper nutrition, or intestinal worms. What struck me most significantly were the simple complaints of stomach pain and likely reflux. And although antacids and PPIs were what we could offer, the treatment many of the individuals needed was food.

Our biggest impact was in the setting of acute illness, but similar to a floor rotation, you hit roadblocks. For example, we had an elderly man who had progressively become blind, with a likely diagnosis of endophthalmitis. Although he was already blind, his caretaker, initially healthy, was starting to show symptoms. It's with that diagnosis we learned that there is 1 ophthalmologist for every 1.5 million residents in Haiti, limiting us to whatever medications we could acquire for him in our pharmacy and in the village. On the other side, I watched a child crying from the pain of cellulitis improve and laugh after two days of therapy that I was able to provide.

I'd like to hope and say I did something to help Miragoane, but I know that the people I worked with and the patients I treated changed me for the better. We are needed far beyond the small bubble we live in day to day. As frustrated as we might get with our jobs or our lives, we have resources and opportunities that much of the world can only imagine.



In House Connections!

Looks like we will still be seeing some of these upcoming NJMS Grads, or soon to be former Chief Residents, down the hall! Or perhaps in the middle of the night in the ER, whilst admitting a truly complicated admission that desperately needs the assistance of a certain NJMS fellow or attending! And yes, they have all agreed that it is absolutely fine to page them at 2:30AM.. Let's see who they are...



Nneoma Okoronkwo
Gastroenterology



Tamara Khaimchayev
Endocrinology



Dennis Villegas
Hospitalist,
HUMC



Rahim Wooley
Pulm/Critical



Pavan Patel
Gastroenterology



Shashank Jain
Cardiology



Srikanth Thiruvardusothy
Nephrology



Richard May
Pulm/Critical Care

Travel: Sri Lanka!

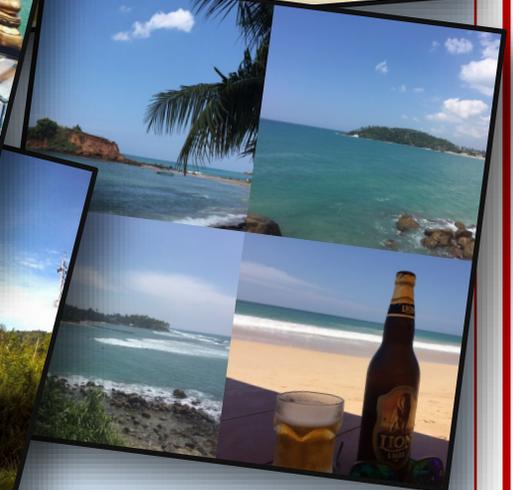
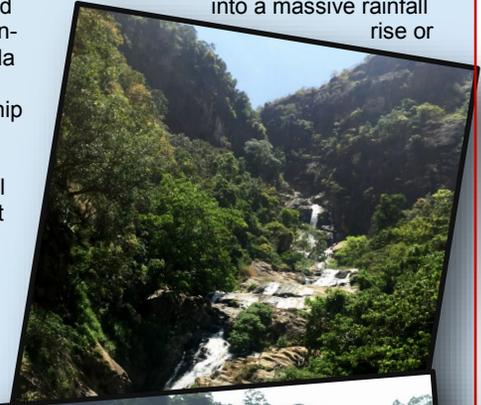
By John Arek Kileci



I recently had the fortune of spending my last vacation of my residency career backpacking through Sri Lanka. People who know me know I've been backpacking for many years now and Sri Lanka had always been on my list since seeing Sigiriya on my little tv during my childhood in Istanbul. I started my journey in Colombo after a 20 hour trip from JFK and spent a full day exploring the Buddhist and Hindu temples, the Dutch Precinct where the shopping is located, and the Galle Face which is a beachfront with great cafes nearby. Then, I took my 85 Liter backpack and got on the 2nd class train from the Fort in Colombo to Galle where a historic fort built by the Portuguese in 1588 is located. I must admit, other than the fort and the lighthouse I did not find this city as cool as my "lonely planet travel book" had made it out to be. From Galle, I moved to Mirissa Beach, where life was pretty relaxing. Days on the beach, nights on the beach, lunch on the beach, pretty much everything on the beach. I got to fit some SCUBA dives in nearby Weligama bay which was great since I try to dive at least twice a year given my limited vacations. The currents were rough and the biodiversity around 20 meters below surface was not great but any dive is better than no dive in my book. From here, I grabbed my backpack and made it to a guesthouse in Udawalawe (had stayed at hostels up to this point) where my Canadian traveling partner/ fellow backpacker I had met in Galle and I got to listen to the life story of the guesthouse owner Sarat. His place might not have been the best, and we did not have electricity during our stay but his generosity of taking us in his tuk tuk (three wheeler) and showing his town to us was something I'll always cherish. We did Udawalawe national park starting at 5:30 AM, where we saw tons of elephants, peacocks, white eagles, crocodiles etc etc (NO LEOPARD though!!!).

I then made my way to Ella alone, which is one of my favorite towns in Sri Lanka. Up in the hills, surrounded by tea plantations, it is a great escape from the hot-humid 95F days of the rest of the country (The British Colonialists had the same idea in the past). This town has it all: cool people, phenomenal and not so hard treks, great food (best food I had in Sri Lanka) and a chill atmosphere. I ended up staying here for two days where I trekked up the Ella Rock. I also tried to climb Mini Adam's Peak to watch the sunset but of course given my history with sunrises/ sunsets (i.e. my Cambodia trip 5 years ago), it was cloudy and turned into a massive rainfall rise or which told me not to ever try getting romantic and going into deep thoughts while watching sun-sunsets. From Ella, I took one of the most scenic train rides on the planet- 6 hour ride from Ella to Kandy, which happens to be the cultural heritage center of Sri Lanka. It also is the home of The Temple of the Tooth Relic (Sri Dalada Maligawa), one of the most sacred places of worship in the Buddhist world. In fact when the Portuguese invaded Kandy in 1603, they moved this relic to another area to claim dominance but many state that was just an imitation. It is supposed to house Buddha's tooth and was also a target of several bombings by the LTTE (Tamil Tigers) in the past. Here, I met a couple of German health professionals, a nurse and a recent medical school graduate, who joined me on my quest to climb the Sigiriya and take a peek at the cave temples of Dambulla.

After spending three days in Kandy, I did a first and took a three wheeler/tuk tuk on a 116 km-3.30 hour ride through the highways into Negombo where I stayed before flying back to the States. It was definitely an experience to be inhaling the exhaust of the trucks and buses on the highway as tuk tuks are not meant for long distance rides but as I always have said on my backpacking trips to many others, and probably should copyright, "It's all about the experience." Why did I choose to travel in Sri Lanka with my backpack sweating everyday? Was it the food, was it the people, was it the beaches, was it the trekking? I'd say yes to all and everything on a else. It's definitely a rustic country. Yes, you can get tour bus like the many Russian, German or Chinese tourists I saw there or have a private driver to take you around but I still prefer my 6 hour train rides and mildly cockroach infested guesthouses over anything else. Sri Lanka is definitely a developing country, and they are already building many 5 star hotels on the seafront of Colombo, so if you still want to see the "true" Sri Lanka before it is "modernized" I'd say this might be the best time. I could write about my experiences for pages and pages but I hope this summary will be enough to convince you to go there. Life is too short and "It is all about the experience."(© Kileci)



Career Night

Every year in the springtime, eager fellowship applicants begin the process of getting together their applications, letters of recommendation, CVs (with presumably loads of research!), personal statements, and a whole lot of questions for either program directors, faculty, attendings or current fellows in their desired field of interest. And yet, these residents primed for action are already ahead of the game, as fellowship or job application processes are long and often cumbersome. Therefore, the earlier you are aware of what is necessary to join your field of interest, the better.

Career Night is an annual event at Rutgers NJMS that provides just that, information for the young eager resident who is engaged, motivated and willing to put in the long hours and dedication to a fellowship, specialty, or career in medicine. Luckily, the wonderful faculty at NJMS are happy to help, offering to participate in our Career Night to answer questions about their given areas of interest, while providing sage and honest advice.

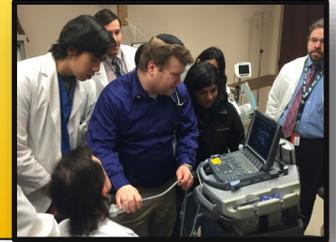
Career Night this year will be on April 27th at 6:00PM in the Rosemary Gellene Room in the MSB at NJMS. Please come prepared with your CV, personal statement, and questions, as the faculty and Chief Residents will be there to help! Hope to see all of you there!



Ultrasound Curriculum

Starting this year, the Rutgers NJMS team has implemented a formal ultrasound curriculum. Collaborating with Dr. Michael Silverberg, teaching attending at Hackensack University Medical Center, who is boarded in Internal Medicine, Emergency Medicine, as well as Pulmonary and Critical Care, residents rotating with him in the ICU receive training in ultrasound techniques. Prior to ICU rotations, residents are provided with reading materials on ultrasound physics, views of heart, lung, and blood vessels, as well as evaluation of fluid responsiveness in the setting of septic shock. HUMC Chief John Kern has also participated in creating a lecture with ultrasound windows and videos of how to perform certain views, as well as procedures. The first week of each two week block, Dr. Silverberg meets with the ICU residents and reviews the written material, and subsequently moves to some hands-on ultrasound tutorials. Residents participate in practicing vascular, cardiac and lung views. A recent resident favorite has been the ocular ultrasound to estimate intracranial pressure. Who has an ophthalmoscope these days?

Additionally, we have developed an ultrasound elective, where residents can learn ultrasound techniques in greater depth. Luke Chong, our inaugural ultrasound elective participant, spoke highly of his hands-on experience. Who's up next?



Face Swap...Guess Who?



A.



B.



C.



D.



E.

ANSWERS: A= Luke Chong & Ahmad Al Turk, B=Dan Matassa & John Kileci, C=Natalija Odanovic & Khaled Abu-lhweij, D= Mohleen Kang & Chris Estverne, E= Kristin Wong & Ahmad Yousaf

RCQ Brought To You By:

Chief Residents: Nneoma Okoronkwo, Pavan Patel, Richard May, Ahmad Yousaf, Vidhi Kapoor, Aileen Tlamsa, John Kern

Program Director: Neil Kothari

Comments: Email ruchiefs@gmail.com

RUTGERS

New Jersey Medical School



Patient Care, Teaching, Humanism, Professionalism

We're on the Web!

http://njms.rutgers.edu/departments/medicine/internal_medicine/



...and don't forget to join the NJMS Internal Medicine Residency Group on Facebook!

Housestaff Awards:

Congratulations!

JANUARY

Interns:
Shiby Paul
Julia Reilly
Beth Swift-Taylor

Seniors:
Nabil Abou Baker
Njambi Mathenge
Nisha Suda

FEBRUARY

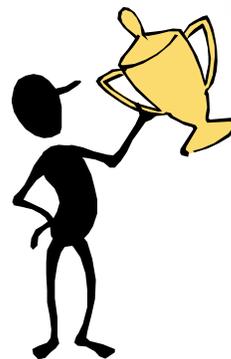
Interns:
Meredith Holub
Ricardo Parrondo
Eman Rashed

Seniors:
Sarah Lee
Natasha Piracha
Genevieve Streb

MARCH

Interns:
Hussam Eltoukhy
Arooj Babar
Sejal Kothadia

Seniors:
Shijia Zhang
Vivek Joseph
Patrick Mitchell



NEJM Image Challenge:

What is the most likely diagnosis associated with symptoms of pruritic skin changes seen in these images?



- A. Malignancy
- B. Psoriasis
- C. Inflammatory Bowel Disease
- D. Acute HCV
- E. Cutaneous Sarcoidosis

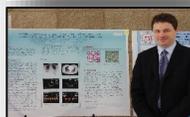
Answer: A

Announcements:

~From the Chiefs, **thank you guys for an awesome year! Best of luck to all of you!**

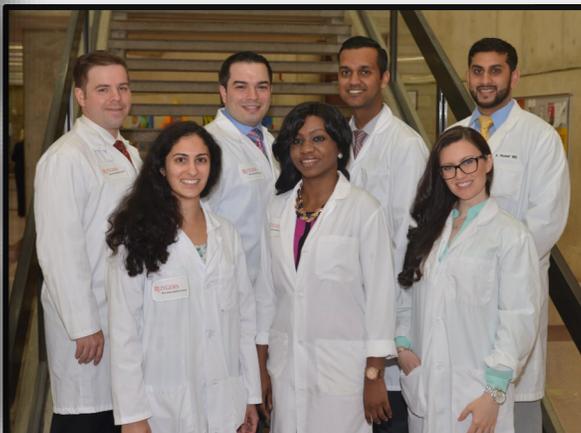
Events!

- Career Night: 4/27/16
- Research Day: 4/28/16
- Memorial Day: 5/30/16
- Transition Night: 5/19/16
- Graduation: 6/9/16
- Intern Meet and Greet: 6/24/16
- Trivia Night! Every Tuesday @ Shannon Rose, Clifton, with our resident Trivia God, Chief Richard May!



- Congratulations to Chief Resident **Dr. Ahmad Yousaf** on yet again a resoundingly positive response to your NEJM Journal Watch article, titled "The Costs of Being a Doctor." We are all so proud!
- Congratulations to Med-Peds resident **Dr. Jeremy Connors** for being awarded with the prestigious Gold Humanism award, which recognizes doctors who are exemplars of humanistic patient care, as well as role models, mentors and leaders. An outstanding accomplishment!

Questions? Need to talk? Call!



UH
973-972-5584 or 6054
HUMC
551-996-2591 or 2592
VA
973-676-1000
x1873, 1874, or 2803