

Resident Connections Quarterly

Rutgers NJMS Internal Medicine Residency Program

Volume 9, Issue 2

Fall 2018

Intern Meet and Greet By: Sejal Kothadia

Our annual Intern Meet and Greet was held on June 22 at the lovely Verona Park Boathouse. This event is one of our favorite traditions. After enjoying delicious food, our new interns enjoyed team building activities on the boathouse lawn. We were joined by many of our faculty members, including Drs. Kothari, Michaud, Cennimo, Wong, Natale, and our program director, Dr. Feurdean. After a warm welcome from our Chair of Medicine, Dr. Klapholz, the games continued with fierce competition! The fun concluded with the ever favorite and delicious cake! The event has always served as an exciting beginning of a new academic year. We are honored to welcome the new interns and excited to see what this year has in store!



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Resident Research Corner

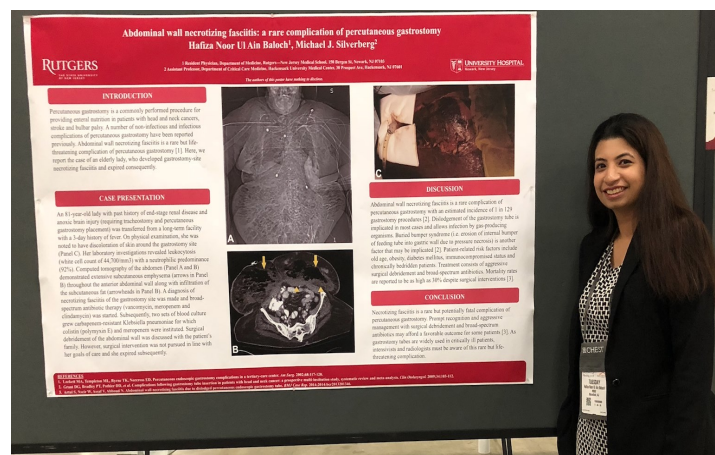
By Sejal Kothadia

Between busy clinic days, ICU nights, and night float, our residents have been hard at work on their research projects. Many residents have had the opportunity to travel both locally and nationally to present their findings. In addition to independent efforts by the residents, we now have a more structured process for approaching our quality assessment and improvement projects. We owe many thanks to Drs. Weiss, Schutzer, and Mathews, and Ms. Nancy Reilly for helping us refine the process in which our clinic groups conduct their group projects.

Recently, our residents have traveled to conferences hosted by CHEST, American College of Gastroenterology, International Association for the Study of Lung Cancer, Digestive Disease Week, and the American Thoracic Society. We look forward to hearing more from residents who will be attending future conferences, such as the annual meetings of the American Society of Hematology and American College of Cardiology. In addition to presenting abstracts and case reports at conferences, several of our residents have also been able to publish manuscripts in peer-reviewed journals.

Publications by Current Residents and Recent Graduates Over the Last 3 months

Willy Roque et al.	Fine-tuning the Ubiquitin-Proteasome System to Treat Pulmonary Fibrosis	Connective Tissue Research
Ning Dong	Relationship Between Patient-Reported Hospital Experience and 30-Day Mortality and Readmission Rates for Acute Myocardial Infarction, Heart Failure and Pneumonia	Journal of General Internal Medicine
Duma N, Gonzalez-Velez M	Representation of Minorities and Elderly Patients in Multiple Myeloma Clinical Trials.	Oncologist PMID: 29700207
Rotundo L	Severe Acute Gastrointestinal Bleed in a Patient with Neurofibromatosis Type-1.	Gastroenterology PMID: 30205101
Karatasakis A, Danek BA	In-Hospital Outcomes of Chronic Total Occlusion Percutaneous Coronary Intervention in Patients With Chronic Kidney Disease.	Journal of Invasive Cardiology PMID: 30218557
Moazzami K, Dolmatova EV	Higher in-hospital mortality of percutaneous ventricular assist devices versus intra-aortic balloon pumps in cardiogenic shock: A propensity-matched study.	Heart Lung PMID: 30270023
Rotundo L, Persaud A, Kim HS	The Association of leptin with severity of non-alcoholic fatty liver disease: A population-based study.	Clinical Molecular Hepatology PMID: 30068065
Kim HS	Autoimmune and Allergic Disorders are More Common in People With Celiac Disease or on a Gluten-free Diet in the United States.	Journal of Clinical Gastroenterology PMID: 30045167



Hafiza Baloch presenting at CHEST.

Procedure Night 2018! By Your Chiefs

On October 22, we held our annual Procedure Night for all the bright and shining interns! The highlight of the evening was clearly the pizza but in between we were able to “inject” some learning. The interns, and even some seniors, practiced some very common procedural skills, such as venipunctures. Learning those skills means no more excuses about why labs haven’t been drawn yet! Everyone also had the opportunity to practice other, more invasive, procedures in a as paracentesis, intubations, LP’s, and central lines in a low stress environment at the VA simulation center. The future chiefs were instructors at each station, handling everything from teaching the techniques to pumping the carotid to make it visible on ultrasound. Everyone was in agreement that procedure night was a great opportunity for seniors and interns to work together, and for residents to support one another in learning new skills and celebrating each other’s success.

Procedure Night was a great follow-up to Line Night, an event held on October 6th to help residents practice line placement and ultrasound use with guidance by the ICU faculty and fellows. The best way to feel more comfortable putting in central lines is practice, practice, practice! We hope having these events early in the year will help you all succeed in your next rotation, and will give you the tools you need for your career. Most importantly, remember to log all the procedures in New Innovations!

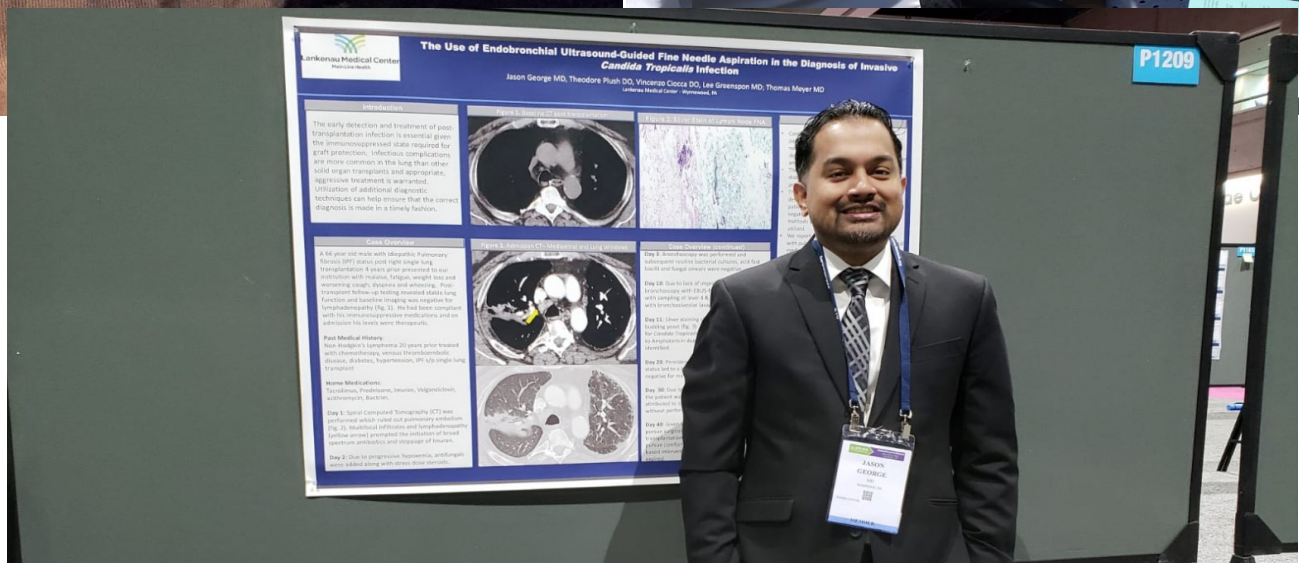


Who's Who: Dr. Jason George

We would like to welcome Dr. Jason George to the faculty of the Internal Medicine training program. Dr. George recently joined the department of pulmonary and critical care at the New Jersey Veterans Affairs System in East Orange. Dr. George is a first generation Indian-American. He was born in Newark and raised here in New Jersey. He earned a bachelor's degree in engineering and worked as an engineer prior to receiving his medical education from St. George's School of Medicine in Grenada, in 2012.

Dr. George went on to complete residency training in Internal Medicine at Northwell Health- Lenox Hill Hospital, after which he pursued his calling - to care for patients with acute critical illness and chronic respiratory failure. He completed his sub-specialty training in Pulmonary and Critical Care Medicine at the Main Line Healthcare System in Pennsylvania.

Having returned home after completing his training, Dr. George is now providing medical care to the veterans in his community and is enjoying working with learners at all levels. He has particular interest in the growing problem of lung cancer. Dr. George has trained in advanced bronchoscopic procedures and critical care ultrasound utilization. Given his interest in the field of ultrasound, he will be working to develop an ultrasound elective curriculum in the coming months. We are all excited to learn from Dr. George!



Who's Who: Kelly Graves

Hi everyone! I'm Kelly Graves, a second year resident originally from Chesapeake, Virginia. Born and raised there, I was fortunate that most of my family lived nearby. I first became interested in medicine after an anatomy and sports medicine class in high school. I went to the University of South Carolina, where I majored in Exercise Science and minored in Medical Humanities. While there, I met my boyfriend Michael, who manages to keep me laughing and sane with his ability to somehow turn any medical term into a joke, e.g. "I hear the pitting edemas are in season this time of year."

After undergrad, I returned home for medical school at Eastern Virginia Medical School. During my time there, my grandmother was diagnosed with Alzheimer's disease, which inspired me to learn more about dementia. At the geriatrics center, I worked on several research projects and gained first hand knowledge of the unique challenges associated with primary care for dementia patients. At first, I thought I would go into neurology, but during my third year rotations I was meant to pursue internal medicine. This is what ultimately led me to medicine at Rutgers NJMS! I feel primary care/geriatrics is the best fit for me.

In my free time, I am mostly drawn to outdoor activities, from running to playing golf, to brunching on a patio or rooftop in the city. If it is not nice out, I'm content watching anything, even Housewives or Kardashians. I also love to travel and most recently went to Thailand and Italy, with the next stop in Hawaii!



Who's who...Baby Edition

Pair the baby to the resident/fellow!



Social Corner



L to R: Yi Jiang, Dan Pievsky, Owen Deland, Richard May, Bottom Row: Kalpesh Patel

RCQ Brought To You By:

Chief Residents: Janice Liu, Sejal Kothadia, Justin Mathew, Eman Rashed, Edward Rojas, and Natasha Piracha

Program Director: Mirela Feurdean

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We're on the Web!

http://njms.rutgers.edu/departments/medicine/internal_medicine/



...and don't forget to join the NJMS Internal Medicine Residency Group on Facebook!

Housestaff Awards

Congratulations!

July

Sunil Chulani
George Disesa
Ranyelenu Efobi
Zachariah Hale
John Kuster

August

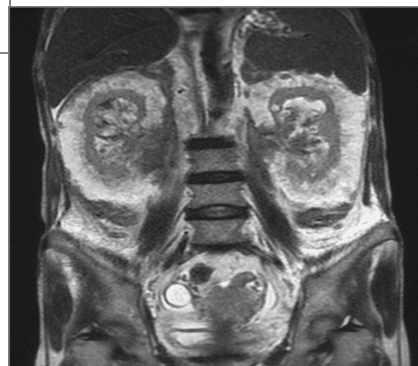
Luka Petrovic
Willy Roque
Nitya Srialluri
Christopher Seery
Kelly Graves

September

Claudio Fojanesi
Abdul Rehman
Ryan Golden
Douglas Atmatzidis
Owen Deland

October

Alex Plamm
Madia Ampey
Daria Popescu
Kristen Harris
Giselle Suero Abreu

NEJM Image

What is the diagnosis?

- A. Amyloidosis
- B. Renal cell carcinoma
- C. Angiomyolipoma
- D. Perirenal extramedullary hematopoiesis
- E. Liposarcoma

Answer: D

Announcements:**Save the Dates:**

Fellowship Match Day: Nov. 28

Fellowship night: Nov. 29 at UH

HUMC Holiday Party: Dec. 1st

UH Holiday Lunch: Dec. 14th

Rutgers Research Day:

May 16, 2019

Rutgers Graduation:

June 13, 2019

**Questions? Need to talk? Call!**

UH

973-972-5584 or 6054

HUMC

551-996-2591 or 2592

VA

973-676-1000

x1873, 1874, or 2803

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Ph: 973-972-5429

<http://ubhc.rutgers.edu/resident>