

Balazs Galdi, M.D.
140 Bergen Street, ACC D1610
Newark, NJ 07103
Tel: (973) 972-8240
Fax: (973) 972-9367

SAME DAY SURGERY POST-OPERATIVE PAIN MANAGEMENT INSTRUCTIONS

Tonight (Day 1):

Dinner or before bed:

- Tylenol 500mg (2 pills)
- Toradol 10mg (1 pill)
- Neurontin 300mg (1 pill)
- Oxycodone 5mg (1-2 pills as needed)

Tomorrow (Day 2) and Day 3:

Breakfast:

- Tylenol 500mg (2 pills)
- Toradol 10mg (1 pill)
- Neurontin 300mg (1 pill)
- Oxycodone 5mg (1-2 pills as needed)
- Prevacid 30 mg (1pill)

Lunch:

- Tylenol 500mg (2 pills)
- Toradol 10mg (1 pill)
- Neurontin 300mg (1 pill)
- Oxycodone 5mg (1-2 pills as needed)

Dinner:

- Tylenol 500mg (2 pills)
- Toradol 10mg (1 pill)
- Neurontin 300mg (1 pill)
- Oxycodone 5mg (1-2 pills as needed)

Day 4 and Day 5:

Breakfast:

- Toradol 10mg (1 pill)
- Prevacid 30mg (1 pill)
- Oxycodone 5mg (1-2 pills as needed)
- Tylenol 500mg (2 pills as needed)

Lunch:

- Oxycodone 5mg (1-2 pills as needed)

- Tylenol 500mg (2 pills as needed)

Dinner:

- Toradol 10mg (1 pill)
- Oxycodone 5mg (1-2 pills as needed)
- Tylenol 500mg (2 pills as needed)

Day 6 and Day 7:

Breakfast:

- Prevacid 30mg (1 pill)
- Oxycodone 5mg (1-2 pills as needed)
- Tylenol 500mg (2 pills as needed)

Lunch:

- Oxycodone 5mg (1-2 pills as needed)
- Tylenol 500mg (2 pills as needed)

Dinner:

- Oxycodone 5mg (1-2 pills as needed)
- Tylenol 500mg (2 pills as needed)

***Oxycodone can be taken every 4-6 hours if needed**

***Take Zofran (1pill) 30 minutes before taking oxycodone if you experience nausea**

*** If no bowel movement by Day 3, take Colace 100mg (1 pill) at breakfast, lunch, and dinner and Senna 8.6mg (2 pills) at bedtime, then Senna 8.6mg (2pills) at breakfast and bedtime until you have bowel movement.**