

## 2 Ticks and Mosquitoes

The changing climate has expanded the duration of tick and mosquito seasons.

### What can I do to better protect my child?

- Use safe insect repellents
- Check for ticks after being outdoors
- Wear long sleeves and pants
- Tuck pants into socks
- Wear light colored clothing to spot ticks more easily
- Treat clothing with insect repellents
- Avoid outdoor activities at dawn and dusk
- Eliminate standing water where mosquitoes breed
- Teach children about ticks and mosquitoes
- Consult healthcare professionals regarding embedded ticks



Scan for more info

