



Mold

Did you know?

Mold feeds on water and moisture to grow. Mold can trigger asthma and allergy symptoms.

Action Plan

- ☐ Reduce moisture and increase airflow: open windows slightly when showering, use exhaust fans.
- ☐ Fix water leaks. Renters, report leaks to your landlord.
- ☐ If you see mold:
 - Get rid of the source of moisture/water first.
 - Scrub mold from hard surfaces with soap and water, dry completely.
 - Avoid using bleach (unless you are cleaning sewage).
 - Do not paint over mold.
 - Discard moldy objects (like carpets).
- ☐ After a flood or water leak: remove wet items and dry the area within 48 hours.
- ☐ If mold covers more than a 3 ft x 3 ft area, hire a professional mold removal (abatement) company. If you rent, report mold to your landlord. If conditions are not fixed, ask the New Jersey Bureau of Housing Inspection or local code enforcement office to inspect your home for water damage or leaks.

Resources

[more](#) →

To learn more about finding and getting rid of mold, visit epa.gov/mold or nj.gov/health (search “mold”).

For Renters: depending on the size of your building, the New Jersey Bureau of Housing Inspection or local code enforcement offices may inspect your home for unrepaired building leaks and plumbing issues.

NJ Bureau of Housing Inspection
(609) 633-6227 | BHIInspections@dca.nj.gov

Local Code Enforcement Office
Newark: 973-733-5632
Other: _____

You may also qualify for **free legal help**:

New Jersey Legal Services
1-888-576-5529 (8 am-5:30 pm) | lsnj.org/GetLegalHelp

Essex-Newark Legal Services
973-624-4500 (8 am-5 pm) | www.lsnj.org/enls

For more information, visit icahn.mssm.edu/research/pehsu/information