



New Jersey Medical School

The Department of Psychiatry presents:
Urban Mental Health 2020
Navigating and Negotiating
the COVID World

We are very excited to announce Virtual UMH 2020, the Eight Annual Conference of Rutgers New Jersey Medical School Psychiatry. This year we are turning the focus on the pandemic and its psychological dimensions, both normal and pathological. We will present the latest scientific developments in this new field, as well as effective approaches in navigating and negotiating the new reality.

9:00 – 9:15	Welcome and Opening Remarks (What? No breakfast?)
9:15 – 10:00	Behavioral Health and Addiction Frank Ghinassi, PhD
10:00 – 10:45	Children and Families Cheryl Kennedy, MD
10:45 – 11:00	Morning Break (sorry, no delicious snacks)
11:00 – 11:45	Sexuality—LGBTQ and Otherwise Chun Tong, MD
11:45 – 12:30	Taking Care of Our Patients during COVID Petros Levounis, MD, MA, and a panel of resident psychiatrists
12:30 – 1:00	Virtual Lunch Break (promise, double portions next year)
1:00 – 1:45	Music and Healing LECTURE and LIVE PERFORMANCE - Grace Ro, Senior Medical Student
1:45 – 2:30	Taking Care of Ourselves during COVID Rashi Aggarwal, MD, and a panel of resident psychiatrists
2:30 – 2:45	Closing Remarks and Good-Byes (We hope to see you in person in 2021!)

E-See you on Friday, November 6, 2020

Registration & Information at:
NJMS.Rutgers.edu/Psychiatry
Registration: \$40 (\$20 for students and trainees)