

The Department of Psychiatry and The Northern New Jersey Medication-Assisted Treatment Center of Excellence at Rutgers New Jersey Medical School present the:

Tenth Annual Conference on Urban mental health



Thursday, November 3, 2022

8:00 am - 3:00 pm

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AGENDA

- 8:00 am Continental Breakfast and Registration
8:45 am Welcome and Opening Remarks
9:00 am **Addiction in 2022**
Petros Levounis, MD, MA
9:45 am **Medications for Opioid Addiction: The "Nuts and Bolts"**
Clement Chen, PharmD, BCPS
10:30 am Morning "Snack" Break and Networking
11:00 am **Buprenorphine: The Ultimate Choice in the Age of Fentanyl**
Alexis LaPietra, DO, FACEP
11:45 am **Conundrums of Mental Health and Substance Use Disorders**
Saatchi Patell, MD, PGY-3, and Hojun "Phillip" Yoo, MD
12:30 pm Delicious Lunch and Residents' Research Symposium
1:15 pm **When Life's Challenges, Drug Testing, and Patients Collide**
Emily Buirkle, MD, BS, Reyna Dowling, LSW, LCADC, and Melissa Sullivan, LSW
2:00 pm **Keynote - Addiction and Recovery: A Societal Responsibility**
Kim Sue, MD, PhD, and Jenna Mellor, MPA, BA
3:00 pm Closing Remarks and Good-Byes

CONFERENCE DIRECTORS



Petros Levounis, MD, MA, serves as Professor and Chair of the Department of Psychiatry and Associate Dean at Rutgers New Jersey Medical School. He is also the President-Elect of the American Psychiatric Association and an honorary member of the World Psychiatric Association. Dr. Levounis has published fifteen books including the textbook of Substance Dependence and Co-Occurring Psychiatric Disorders and a self-help paperback on Sober Siblings: How to Help Your Alcoholic Brother or Sister—and Not Lose Yourself. His books have been translated into French, German, Hungarian, Japanese, Portuguese, and Spanish.



Clement Chen, PharmD, BCPS, graduated from the Ernest Mario School of Pharmacy at Rutgers University in 2013 with his PharmD and received his board certification in pharmacotherapy in July 2016. He is currently an academic detailer for the Northern NJ Medication-Assisted Treatment (MAT) Center of Excellence, providing mentoring and consultative support to providers who prescribe medications for addiction treatment. He supports the Center of Excellence's goal of increasing access to medications for addiction treatment and recovery support services for patients with substance use disorders throughout the state of NJ.

LEARNING OBJECTIVES:

At the conclusion of this program, participants should be able to:

1. Discuss the most updated neurobiological understanding of the addictive process.
2. Explain the pharmacology and rationale for the use of medications for opioid use disorder.
3. Discuss innovative ways to help OUD patients safely start buprenorphine in the age of fentanyl.
4. Discuss the relationship between mental health and substance use disorders.
5. Understand the purpose and interpretation of drug screening in addiction medicine.

Questions?

If a participant or potential participant has a question or concern about their experience with this continuing education activity, they may e-mail the UBHC Center for Continuing Education at cce@ubhc.rutgers.edu.

For additional program information or if you require special arrangements to attend this activity, please contact Lisette Nazario at 973-972-9917.

SPEAKERS



Alexis M. LaPietra, DO, FACEP, is a board certified Emergency Medicine and Addiction Medicine physician. She is the System Chief for Pain Management and Addiction Medicine, Fellowship Director of the Emergency Medicine Pain Management Fellowship at St Joseph's Health in NJ, and Chair for the Pain and Addiction Care in the Emergency Department Accreditation Program. She created the St Joseph's Health Alternatives to Opioids program and founded the Pain Management/Addiction Medicine section of the American College of Emergency Physicians.



Saatchi Patell, MD, PGY-3, is a psychiatry resident at Rutgers New Jersey Medical School. She is a Southern California native who grew up in Los Angeles and later moved to San Diego. Dr. Patell attended UC San Diego School of Medicine and enjoys working with older patients. She is particularly interested in the unique challenges faced by patients who remain in the family home as they age and exploring the evolving family dynamics and relationships that come with aging. She appreciates hearing stories patients collect over the years and their future plans.



Hojun "Phillip" Yoo, MD, PGY-2, is a psychiatry resident at Rutgers New Jersey Medical School. He studied at Case Western Reserve University earning his Bachelor's degree in chemical biology with a minor in English Literature and a Master's degree in Bioethics. Dr. Yoo received his MD at Rutgers New Jersey Medical School. His current areas of interest are psycho-oncology, palliative psychiatry, and general consult-liaison psychiatry. He is interested in learning more about cognitive behavioral therapy and psychopharmacology.



Emily Buirkle, MD, attended college at Cornell University and medical school at NYU. She completed her Internal Medicine residency at the University of Illinois at Urbana-Champaign before joining the Addiction Medicine Fellowship at Rutgers. Here she completed a project on buprenorphine micro-dosing and won a prize at the national meeting of the American College of Academic Addiction Medicine. She currently works on campus as an outpatient addiction specialist at the CARE Center, the buprenorphine clinic within the Northern NJ MAT Center of Excellence.



Reyna Dowling, LSW, LCADC, is a licensed social worker and mental health clinician for the Rutgers New Jersey Medical School - Department of Psychiatry's CARE Center. She received her BSW from Rutgers University and her MSW at NYU. She has experience working with richly diverse populations. These include those with mental health, substance use, homelessness, and a history of committing offenses. In addition, she has worked in both the inpatient and outpatient settings, providing community-based outreach and both individual and group therapy through carefully eliciting evidence-based practices.



Melissa Sullivan, LSW, obtained her Master of Social Work from Rutgers University and is a licensed social worker and mental health clinician for the Rutgers New Jersey Medical School - Department of Psychiatry's CARE Center. As a mental health clinician, she provides therapeutic support services to adults who have been diagnosed with a substance use disorder, using trauma informed and harm reduction approaches. She is also experienced in affordable housing, child advocacy, case management, and family services.



Kimberly Sue, MD, PhD, trained at Harvard's MD-PhD Social Science Program, and has a PhD in sociocultural anthropology. She is an Assistant Professor of Medicine at Yale University School of Medicine, the Medical Director of the National Harm Reduction Coalition in New York, and an Attending Physician at the Central Medical Unit, Addiction Prevention and Treatment (APT) Foundation. Dr. Sue is also an Attending Physician on the hospital-based Yale Addiction Medicine Consult Service and is board certified in Internal Medicine and Addiction Medicine.



Jenna Mellor, MPA, BA, holds a BA from Harvard College and a Master's in Public Affairs from Princeton. She served as the first Associate Director at Point Source Youth, aide to Congressman Jerrold Nadler, Outreach Manager at Honoring Individual Power & Strength (HIPS), and advised the New Jersey Department of Health on harm reduction best practices. Jenna is a co-founder of New Jersey Harm Reduction Coalition, and previously served on the boards of New Leaders Council — New Jersey and the New Jersey Abortion Access Fund.