

RUTGERS

New Jersey Medical School

All are welcome to attend the next GME Grand Rounds!

“Fatigue Mitigation”



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RUTGERS NEW JERSEY MEDICAL SCHOOL

Thursday, December 12, 2019 8:00-9:00AM

MSB Dean’s Conference Room, C-677

Light breakfast will be provided!

Objectives

At the conclusion of this activity, participants should be better able to:

1. Understand the consequences of sleep deprivation.
2. Understand shift work sleep disorder.
3. Describe rational strategies of fatigue mitigation for healthcare professionals.

Target Audience

This activity is designed for all faculty, residents, and fellows from all specialties, medical students, and residency/fellowship program coordinators.

Disclosure Declarations: Dr. Yonatan Greenstein has no relevant financial relationships to disclose. Speakers are required to disclose discussion of off-label/investigational uses of commercial products/devices in their presentation. These disclosures will be made to the audience at the time of the activity. Planning Committee: Drs. Kristin Wong and Neil Kothari have no relevant financial relationships to disclose.

Accreditation



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In support of improving patient care, Rutgers Biomedical and Health Sciences is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians: **Rutgers Biomedical and Health Sciences designates this live activity for a maximum of 1 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.