

# RUTGERS

New Jersey Medical School

**All are welcome to attend the next  
GME Grand Rounds via WebEx!**

***“Resident Wellbeing and COVID-19”***



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**DEPARTMENT OF PSYCHIATRY**  
**RUTGERS NEW JERSEY MEDICAL SCHOOL**

**Thursday, May 14, 2020 ~ 8:00 - 9:00AM**

**WebEx details are included in the email**

### **Objectives**

At the conclusion of this activity, participants should be better able to:

1. List the challenges to resident wellbeing during a pandemic
2. Identify 2 organizational level strategies to boost wellbeing
3. Give examples of 2 individual level strategies to enhance resilience and wellbeing

### **Target Audience**

This activity is designed for all faculty, residents, and fellows from all specialties, medical students, and residency/fellowship program coordinators.

### **Accreditation**



In support of improving patient care, Rutgers Biomedical and Health Sciences is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians: **Rutgers Biomedical and Health Sciences designates this live activity for a maximum of 1 AMA PRA Category 1 Credit™.** Physicians should claim only the credit commensurate with the extent of their participation in the activity. **Disclosure Declarations:** Dr. Rashi Aggarwal has no relevant financial relationships to disclose. Speakers are required to disclose discussion of off-label/investigational uses of commercial products/devices in their presentation. These disclosures will be made to the audience at the time of the activity. Planning Committee: Drs. Kristin Wong and Neil Kothari have no relevant financial relationships to disclose.