Sources of Free CME Credit

Six of the products licensed by the Rutgers University Libraries are a source of free continuing medical education (CME) credit. They are:

ClinicalKey -- provides full-text access to over 500 journals, 1,000 e-books, and 9,000 medical and procedural videos. Additionally, it provides access to clinical practice guidelines, clinical trials, *First Consult* reviews, patient handouts, and the National Library of Medicine's *PubMed* database. There are also collections of images, drug monographs, and access to Procedures Consult

DynaMedPlus -- A "Just-In-Time" clinical reference tool integrating evidence based medicine with practical information for clinical practice on more than 3,200 clinical topics.

UpToDate -- is a point-of-care information resource which contains over 10,000 topics representing 22 specialties. In addition to the e-textbook content, UpToDate contains information on drugs/drug interactions, a library of images and videos, standard medical calculators and decision tools, "practice changing" current information, and training resources. There are multiple links to full-text content and the resource is currently searchable in nine languages. NOTE: In order to download the content to a mobile device, users must be connected to a computer on the Rutgers network. UpToDate will send e-mail reminders to renew personal information every 90 days; this must also be performed on a computer connected to the Rutgers network. It is not possible to perform these operations off-campus.

ACCESSMedicine -- an online collection of key medical reference texts that provide authoritative and current medical data. Medical news, updates, patient education information, a diagnostic tool, and an integrated drug database with information about dosages, trade names, and pricing are also part of this resource. Searching is available across the entire suite of basic sciences and clinical texts. An A-Z index and Quick Access search also provide easy access to material. For best results, Adobe Flash Player should be downloaded.

Natural Medicines -- contains over 1,000 evidence-based monographs on natural medicines. Compiled by clinicians, these monographs provide in-depth information for each natural medicine products. This information, appropriate for patient care situations, includes: common, as well as colloquial names, brand names, scientific names, product uses, safety, effectiveness, description of known constituents, pharmacological actions, adverse reactions, possible interactions, any influence on nutrient levels and depletion in the body after use of the substance(s), dosage and administration, and reference citations. Also available in this database is a clinical management series on topics such as: obesity, depression, colds and flu, osteoporosis, menopause, chronic fatigue syndrome and others.

The Medical Letter -- is a nonprofit organization founded in 1958 by Arthur Kallet, the co-founder of Consumers Union, and Dr. Harold Aaron. Its newsletters, *The Medical Letter on Drugs and Therapeutics* and *Treatment Guidelines from The Medical Letter*, publish critical appraisals of new drugs and comparative reviews of older drugs. The editorial process used for both publications relies on a consensus of experts to develop prescribing recommendations that are completely independent of the pharmaceutical industry.

For each product, you will need to create a personal account. Each product has specific steps to follow in order to accomplish this.

ClinicalKey

To earn CME credits from ClinicalKey:

1. Create a personal account by clicking on the "Register" link located on the upper right hand corner of the ClinicalKey home page.
2. Log in.
3. Perform a search of ClinicalKey. As you open relevant, peer-reviewed clinical content, your search will automatically be recorded as potential CME.

To claim your CME credits from ClinicalKey, please use the following steps:

1. Go to ClinicalKey and log in to your personal account.
2. On the top right of the screen, you will see your personal CME points. Click on the link to see details.
3. You will be taken to the CME Credits Dashboard with your earned CME details. Click on "Total number of pending credits to be claimed."
4. On the CME Credit Submission page, click on the query that you want to claim CME credit for and select the option under "Claim." Once completed, please click on "Submit."
5. The CME Credit Submission page will now show the CME credit details on the top right of the page. Please complete the CME Evaluation form and click "Submit."
6. Click on the link provided to view or print your certificate.

DynaMedPlus

The following types of CME credit can be earned through use of DynaMedPlus:

1. In cooperation with Tufts University School of Medicine Office of Continuing Education, American Medical Association AMA PRA Category 1 credits are offered for Internet-based searches.
2. American Academy of Family Physicians has approved the DynaMed Point of Care Learning activities for up to 20 Prescribed Credits.

To claim CME credits from DynaMedPlus:

1. Log in with your personal credentials
2. There is a Continuing Medical Education (CME) indicator in the toolbar. The number displayed indicates how many credits are available to claim for a certificate of completion.
3. When you are ready to submit, click on CME in the toolbar. The first time that you do this, you will be prompted to enter address information and select the type of CME that you need.
4. Click on "Prepare for Submission" for the credits you would like to submit.
5. Fill out the Required sections in the "What You Learned" box, adding Optional Comments if desired. Click "Ok."
6. Upon successful submission, you will receive an e-mail with your CME certificate attached
7. All claimed credits can also be found in the "Claimed Credits" link, along with a PDF of each certificate.

UpToDate

UpToDate publishes a lengthy and detailed FAQ about CME credits. It is [here](#).

ACCESSMedicine

To earn CME credit on any ACCESS product:

1. Create a personal profile and sign in to your MyAccess portal.
2. Titles eligible for CME credit will display on the table of contents page.
3. After 30 seconds of reading a title, the CME will be unlocked and portable to the dashboard.
4. The content must be assigned to a topical search. Once the content has been linked to the query, the user can continue to browse the site OR can go to the MyAccess portal to claim the CME credits.
5. Content/credits can be saved in a MyAccess portal for one year.
6. Clicking on "Earn CME credit" will bring you to a brief questionnaire – you will find general questions about your clinical query.
7. Credits can be claimed immediately or saved for up to one year. A certificate is available for printing immediately. A copy of the certificate is also saved as "earned credits" in the MyCME section of the portal.

Natural Medicines

This database offers both [CME courses](#) and [live CME webinars](#). See links for more information on content.

To earn/redeem CME credits:

1. Create a CE ID account.
2. Click on a course or report.

The Medical Letter

To earn and redeem CME credit:

1. Click on the "Continuing Education" link on the left.
2. Enter your e-mail address to enroll for the first time.
3. Use the registered e-mail address at the same link to view individual exams.
4. Read a Medical Letter topic, then click on "Take exam".
5. Acknowledge that you have read the CME accreditation requirements at the bottom of the page and click "Continue".
6. Take exam.
7. A print certificate will be mailed to you about four to six weeks after the completed exam is received by The Medical Letter.