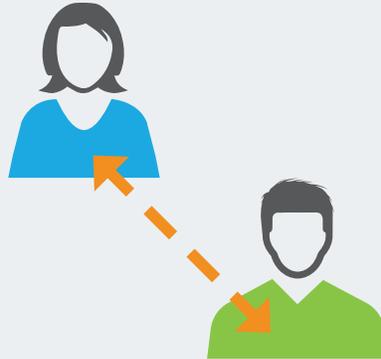


HOW TO DO SOCIAL DISTANCING TO STOP THE SPREAD OF COVID 19 (CORONAVIRUS)



**STAY
AT HOME**



**KEEP YOUR
DISTANCE**
(Stay at least
6 feet apart)



**WORK
REMOTELY**



**AVOID
CROWDS**



**NO HANDSHAKES
OR HUGS**



**WASH
YOUR HANDS**



Call 2-1-1 or
1 (800) 962-1253



Text *NJCOVID* to
898-211



Visit *211.org* or
COVID19.NJ.gov or
NJ.gov/Health

**adapted from Elon University*

www.BelieveInAHealthyNewark.org